



Blended Intensive Program

Future Challenges in Social and Health Care

Online sessions on Teams on 21.1.2025, 28.1.2025 and 4.2.2025
Physical mobility week/ intensive course at KAMK on 10. – 14.2.2025

1. **Objective:** to provide students with opportunities to collaborate internationally
2. **Teaching period:** spring semester 2025
3. **Extent:** 3 ECTS
4. **Students:** 2nd-, 3rd- and 4th-year Bachelor (1st cycle) students of nursing, public health nursing, and social services
5. **Language of instruction:** English
6. **Course activities:** online sessions and 6 workshops
7. **Attendance and assignments**
 - Active participation in all course activities
 - Attendance
 - online sessions: 80%
 - physical mobility week/ intensive course: 100%
 - Course assignment 1: a presentation on nurse/ public health nurse/ midwife/ social services education
 - Course assignment 2: group reflection (event) on learning outcomes
8. **Participating lecturers and universities**
 - Gabriele Schmitz and Anja Herzog (Brandenburg University of Technology Cottbus-Senftenberg, Germany)
 - Bettina Flaiz, Margrit Ebinger, Sonja Wangler and Anja Siegle (Duale Hochschule Baden-Wuerttemberg Stuttgart, Germany)
 - Yane Steijns and Eline Delameillieure (Howest University of Applied Sciences, Belgium)
 - Nienke Snel and Esther Snoeks (Inholland University of Applied Sciences, Netherlands)
 - Marcel Kik and Kor Spoestra (NHL Stenden, Netherlands)
 - Frederick Albert and Bart Cloots (UCLL Leuven-Limburg, Belgium)
 - Anna-Kaisa Korpinen, Anna-Leena Luukkonen, Karimi Ngui, Taina Romppanen, Matti Heikkinen, and Jenni Korhonen (Kajaani University of Applied Sciences, Finland, coordinating partner)
9. **Course assessment:** Pass – fail
10. **Course responsibility:** Jaana Härkönen (jaana.harkonen@kamk.fi)

Online sessions on Teams at 16.00 – 17.30 Belgian, Dutch, and German time/ at 17.00 – 18.30 Finnish time

Tuesday 21.1.2025	Course information Happiness of Nurses – a workshop by Marcelle Ritterhuis-Kuijpers (Inholland)
Tuesday 28.1.2025	CommuCare – a workshop by Bettina Flaiz and Margrit Ebinger (DHBW)
Tuesday 4.2.2025	What is The Secret to Finnish Happiness? – a lecture by Matti Heikkinen (KAMK) Introduction to the Treasure Hunt – Nienke Snel and Esther Snoeks (Inholland), Anna-Leena Luukkonen and Taina Romppanen (KAMK)

Physical mobility week/ intensive course (liable for changes); location: Taito2 building (address: Ketunpolku 4)

Mon 10.2.2025	Tue 11.2.2025	Wed 12.2.2025	Thu 13.2.2025	Fri 14.2.2025
9.00 Registration 9.30 Opening	9.30 – 12.00 Workshops	9.30 – 12.00 Workshops	9.30 – 12.00 Workshops	8.00 – 10.00 Reflections
10.00 – 12.00 Group activities Presentations of nurse/ public health nurse/ social work/ midwife educations and participating universities				The bus to the airport leaves at 10:15 outside Taito2 (flight to Helsinki at 11.45)
Lunch	Lunch	Lunch	Lunch	<i>Have a safe journey back home!</i>
13.00 – 15.00 Workshops	13.00 – 15.00 Workshops	13.00 – 15.00 Workshops	13.00 – 15.00 International students and lecturers: Visits	
International students: winter swimming Meeting point: Taito2 lobby Group 1 at 16.00 Group 2 at 17.00 Kylmäkaraisukeskus/ Cold and Sauna Centre Onnelanpolku 2, 87100 Kajaani	15.00 – 16.30 All students: winter activities Meeting point: Taito2 lobby Lecturers: RDI activities at KAMK	16.00 – 20.00 Lecturers: winter swimming Meeting point: Taito2 lobby Kylmäkaraisukeskus/ Cold and Sauna Centre Onnelanpolku 2, 87100 Kajaani	15.30 – 17.30 Lecturers: Innovation workshop with DHI Scotland (project cooperation) – hybrid workshop open to colleagues at home 18.00 Lecturers: dinner	

**Kajaani University of Applied
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Health and Social Services
Ketunpolku 4, Kajaani
KAMK Campus:**
[https://kamk.fi/en/about-
kamk/explore-kamk/campus/](https://kamk.fi/en/about-kamk/explore-kamk/campus/)

