 **DEVELOPMENT OF NURSES’ PROFESSIONAL SKILLS DURING LABORATORY**

 **TEACHING AND PRACTICAL TRAINING**

 (Ministry of Education 2001: From Polytechnics to Health Care )

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|  | **1st term****Functions of Daily Living** | **2nd/ 3rd term** **Health Promotion in Family Care/ Support for Managing in Long-term and Aging Nursing**  | **4th/ 5th term** **Support for Managing in Perioperative Nursing and Mental Health Care**  | **6th /7th term** **Optional Professional Studies** |
| **Ethics and Values** | - is able to follow human rights in his/ her actions > - is responsible for his/ her own professional development >   | - is able to follow legislation concerning patient rights and is responsible for the implementation of patient’s/ client’s rights in nursing >   | - is able to act highly ethically > | - recognises his/ her responsibility in developing nursing care - is able to act according to the legislation on nurses’ professional code of conduct  |
| **Health Promotion** |  | - is able to support and activate the individual, family and community in promotion of health, capabilities and functional ability >- is able to identify and anticipate health problems and risks of the individual and community > - is able to participate in the prevention of health problems of the individual and community > - has the basic knowledge and skills in rehabilitative nursing >  |  | - is able to act as an expert in nursing care promoting sustainable development and environmental health  |
| **Theoretical Skill-base** |  | - is able to acquire and assess information critically and to use it as a basis for his/ her own actions > | - is able to use research data in developing and assessing his/ her work and the work of his/ her work community > |  |
| **Clinical Skills** | - is able to define the need for nursing >- is able to examine, maintain and assess basic functions of life > - is able to take responsibility for the patient’s/ client’s physical, mental and social security > - is able to perform basic nursing procedures such as aspiration of mucus, administering oxygen, giving an enema, applying a rectal tube > - is able to prevent infections - is able to work ergonomically right > | - is able to interact in a client- and objective-oriented manner with the patient, family and community in a care relationship >- is able to plan, implement and assess the nursing care of a patient/ client in co-operation with the patient/ client and his/ her significant ones >- is able to monitor the status and symptoms of the patient and effectiveness of treatment in the care of common illnesses, in pharmacotherapy, and during and after blood transfusion > - is able to perform basic nursing procedures: NG tube, catheterisation, intramuscular and subcutaneous injections, inhalations, infusions, dressings and splinting >- is able to use instruments and equipment safely >- is familiar with pharmacotherapy, is able to perform dosage calculations and monitor pharmacotherapy >- is able to safely implement pharmacotherapy as prescribed by a doctor using the specific dosages prescribed for the patient >- is able to perform basic examinations and specimens: EKG, vascular and capillary blood samples, urine, stool and discharge samples > - is able to relieve the pain and suffering of the patient/ client in different situations and when life is drawing to its end >- is able to give first aid in different care and operations environments > - is able to perform infusion and intravenous pharmacotherapy and procedures preparing for blood transfusion: infusion and blood transfusion techniques, addition of medicines to infusion bags and preparing the patient for these treatments >  | - is able to perform basic nursing procedures such as wound care, setting casts, infusions and pain pumps >- is able to give advanced life support > | - is able to act according to the directives for disaster nursing  |
| **Teaching and Counselling Skills** |  | - is able to instruct and support the patient/ client in self care >  | - is able to teach and instruct different patients/ clients, their families and significant ones, and members of client communities > | - is able to teach and instruct students and staff - is able to plan and produce material for patient/ client teaching  |
| **Co-operation Skills** | - is able to work flexibly and in co-operation > |  |  | - is able to act as a nursing expert in multiprofessional teams, projects and networks - is able to consult nursing and other professionals and act as a consulting expert  |
| **Research and Development in Nursing**  |  | - is able to study, assess and develop his/ her own work critically > | - is able to initiate changes in nursing care > | - is able to maintain his/ her learning abilities throughout his/ her career  |
| **Management Skills** |  | - is able to take responsibility for the effectiveness and productivity of his/ her own actions > | - is able to promote the quality and effectiveness of nursing care > | - is able to co-ordinate a patient’s/ client’s comprehensive care - is able to lead a nursing team - is able to apply research data into teamwork and management - is able to deal with simultaneous situations in different nursing environments and to take responsibility for running them - is able to manage changes  |
| **Cultural Diversity** |  | - is able to work with individuals, families and significant ones, and communities of different cultural backgrounds > |  | - is able to work in multicultural working communities and implement his/ her expertise in nursing there |
| **Society**  |  |  | - has a basic knowledge of entrepreneurship in his/ her own field > | - is able to participate as a nursing expert in societal development that promotes the health of individuals and community - is able to prevent social exclusion - is able to market his/ her own professional skills and expertise in order to find employment as a nurse  |