SERVICES / BACHELORS DEGREE IN HOSPITALITY MANAGEMENT

Three degree programmes are currently offered in the School of Tourism: the Degree Programme in Tourism, the Degree Programme in Hospitality Management and the International Degree Programme in Tourism, delivered in English.

Address: Kajaanin ammattikorkeakoulu/

Postal Address: PL 52, 87101 Kajaani

Visit Address: Ketunpolku 4, 87100 Kajaani

Tel: + 358 8 618 991 Fax: + 358 8 6189 9252

Head of School:

Heli Itkonen puh. + 358 8 6189 9447, Mobile + 358 44 7101 447

email: heli.itkonen@kajak.fi Address: Kuntokatu 5

Head of Degree Programmes:

Pekka Oikarinen (Degree programmes delivered in Finnish)

Tel: + 358 8 6189 9460

email: pekka.oikarinen@kajak.fi

Address: Ketunpolku 4

Mikko Keränen (Tourism) Tel: + 358 8 6189 9460

email: mikko.keranen@kajak.fi

Address: Ketunpolku 4

Study Secretary:

Eila Happo

Fax: +358 8 6189 9626 email: eila.happo@kajak.fi

Address: Ketunpolku 3, 87100 Kajaani

DEGREE PROGRAMME IN TOURISM

The Degree Programme in Tourism leads to a Polytechnic Bachelors Degree qualification in Hospitality Management. The name of the qualification is restonomi (AMK) in Finnish, Bachelor of Hospitality Management. The degree programme is worth 210 credits and it should take 3.5 years to complete with a maximum completion time of 4.5 years. There are 40 study places on this degree programme. The degree programme comprises basic studies, professional studies, free-choice studies, practical training, and thesis.

General objectives

Degree Programme in Tourism graduates will possess expertise in tourism services and be capable of cooperation and work within a variety of fields. The underlying theme of the programme is the development of creativity, entrepreneurship, international competences and self-awareness.

In order to develop tourism, graduates must also possess knowledge of production and distribution channels and skills in product development, marketing, finances and leadership. Tourism services consist of many different parts such as accommodation, food, transport, programme, conference and congress management services.

Students will gain comprehensive knowledge of nature and activity tourism as well how to manage and organize different kinds of events and meetings. Students will deepen their know-how by planning, carrying out and assessing tourism products. They are also provided with the opportunity to collaborate with tourism businesses during course-work and practical assignments. The Degree Programme in Tourism also emphasises product development and marketing skills as well as cultural awareness required in international business.

The objectives of the degree programme include the following competences:

Subject specific competences Degree programme in Tourism	Description of the competence
Service-mindedness	understands that hospitality is one of the central values and success factors of the sector.
	can provide healthy, safe and profitable services which promote customers' wellbeing.
	can take aesthetic and ethical perspectives into account when providing services (premises, service products, communications).
	is familiar with the principles of consumer behaviour and can make use of them in developing services.
Service systems	can plan, produce and develop services to suit the needs of the operating environment.
	can define, manage and evaluate service processes (product planning, profitability, and organisation, management and development of work)
	can develop services using product development and commodification methods

	is aware of the safety requirements for the sector and can apply them to his/her own work.
Service management	knows and understands company strategies and can make use of them in managing service operations.
	can plan, implement and evaluate his/her own and the department's daily supervisory management activities.
	can organise a work community and make use of the skills of individuals, teams and communities.
Business know-how	can analyse customer relationships from the point of view of service development.
	understands the main concepts of business and has internalised the principles of a commercial approach.
	can predict the effect of alternative operating methods on financial results and competitiveness.
	can apply the principles of entrepreneurship, both as an entrepreneur and as an employee.
	can operate in, make use of and develop various kinds of networks.
Service environments for tourism	can develop service environments and networks related to leisure and business travel.
	understands the significance of internationalisation, globalisation and different cultures for services and their development.
	can work in various international operating environments.
	can benefit from applying the characteristics of national cultures in developing tourism.
	can develop regional strengths and improve regional influence in tourism.

Annual Themes – Description of Progress in Studies

Each study year has its own theme which describes the main focus of the courses.

1st year – Observer of tourism conversant with basic concepts knowledge of those active in tourism conversant with basic skills

2nd and 3rd year – Tourism actor tourism knowledge base knowledge of the most important working methods development of information retrieval and teamwork skills

4th year – Developer of tourism ability to apply the latest knowledge develop the field of tourism

DEGREEE PROGRAMME IN TOURISM 210 CR

BASIC STUDIES Introduction to Tourism and Hospitality Management Business Activities 1 Communication Skills 1 Methodological Studies 1	63 cr 28 cr 7 cr 17 cr 11 cr
PROFESSIONAL STUDIES Tourism Services Business Activities 2 Communication Skills 2 Methodological Studies 2	87 cr 32 cr 39 cr 9 cr 7 cr
PRACTICAL TRAINING	30 cr
THESIS	15 cr
FREE-CHOICE STUDIES	15 cr

For optional language studies see the Bachelor of Business Administration, Business Administration Degree Programme starting from page 82.

Basic Studies 63 cr

Basics of Tourism and Hospitality Management	28 cr
Forms of Tourism	3 cr
Accommodation Services	3 cr
Attraction Factors in Tourism	3 cr
Introduction to Food Services and Nutrition	3 cr
Serving and Bar Services	4 cr
Hygiene and Sanitation	4 cr
Safety and First Aid	3 cr
Basics of Nature and Activity Tourism	5 cr
Business Activities 1	7 cr
Business Activities in the Tourism and hospitality Sector	3 cr
Introduction to Marketing and Customer Service	4 cr
Communication Skills 1	17 cr
Communication Skills 1 Oral Communication and Meeting Skills	17 cr 3 cr
Oral Communication and Meeting Skills	3 cr
Oral Communication and Meeting Skills Written Communication and Business Letters	3 cr 3 cr
Oral Communication and Meeting Skills Written Communication and Business Letters Svenska inom turismen 1	3 cr 3 cr 3 cr
Oral Communication and Meeting Skills Written Communication and Business Letters Svenska inom turismen 1 English for Tourism	3 cr 3 cr 3 cr 3 cr
Oral Communication and Meeting Skills Written Communication and Business Letters Svenska inom turismen 1 English for Tourism	3 cr 3 cr 3 cr 3 cr
Oral Communication and Meeting Skills Written Communication and Business Letters Svenska inom turismen 1 English for Tourism Third Foreign Language	3 cr 3 cr 3 cr 3 cr 5 cr
Oral Communication and Meeting Skills Written Communication and Business Letters Svenska inom turismen 1 English for Tourism Third Foreign Language Methodological Studies 1	3 cr 3 cr 3 cr 3 cr 5 cr

PROFESSIONAL STUDIES 87 CR

Tourism Services	32 cr
Project Management in Tourism	6 cr
Tourism Planning	3 cr
Nature and Activity Tourism 1	4 cr
Nature and Activity Tourism 2	4 cr
Adventure Tourism	3 cr
Event Management	3 cr
Food Culture Adventure	3 cr
Introduction to Finnish Culture	3 cr
Introduction to World Cultures	3 cr
Business Activities 2	39 cr
Marketing of Tourism Services	3 cr
Promotion Skills	3 cr
Tourism Product Development 1	3 cr
Tourism Product Development 2	3 cr
Bookkeeping and Financial Statements	4 cr
Management Accountant	6 cr
Contract and Corporate Law	5 cr
Management and Leadership	3 cr
Personnel Management	3 cr
Business Planning in a Changing World	3 cr
Business Organisational Development	3 cr
Communication Skills 2	9 cr
English for Tourism 2	3 cr
English for Tourism 3	3 cr
Svenska inom turismen 2	3 cr
Methodological Studies 2	7 cr
Introduction to Research Methods	3 cr
Statistics	4 cr

COURSE DESCRIPTIONS OF DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

(MMPM0Z) INTRODUCTION TO TOURISM AND HOSPITALITY MANAGEMENT 28 cr

(MMPM001) Forms of Tourism

Credits: 3 cr Timing: 1st yr

Objective: Students will gain a general overview of the history, current issues and the future of

tourism, while being aware of the effects of tourism on society and the evironment.

Contents: Basic concepts, history and requirements of tourism

Tourism as a form of livelihood in Finland and the world

Portrait of a tourist

Tourism promotion and management

Learning Strategies: Lectures and group assignments

Assessment: Exam and assignments

Bibliography: Vuoristo K-V., Matkailun muodot (2002)

Cooper, Fletcher, Gilbert, Shepherd & Wanhill: Tourism, Principles and

Practice (2005) Handouts

(MMPM002) Accommodation Services

Credits: 3 cr Timing: 1st yr

Objective: Students will be able to compare how to provide different forms of accommodation,

while being aware of the basic functions of accommodation and profit-oriented

working.

Contents: The structure of the accommodation business and different forms of accommodation

business

The basic functions of the accommodation business

Reservation software (Hotellinx)

The central parameters of profitability in accommodation

Safety risks in accommodation

Learning Strategies: Lectures, group work and study visits

Assessment: Exam and course-work assignments

Bibliography: Asunta T., Brännare-Sorsa R., Kairamo H., Matero S., Majoitus- ja matkailupalvelu

(2005)

(MMPM003) Attraction Factors in Tourism

Credits: 3 cr Timing: 1st yr

Objective: Students will gain knowledge of the different forms of attraction in tourism

according to regional structural differences and taking into account the economic

significance of tourism in the region.

Prerequisite: Forms of Tourism

Contents: Tourism attractions and attraction complexes

The morphology, development and life cycle of a tourist centre

The regional structure of tourism in Finland: tourism areas, their attractions and the

economic significance of tourism in the region.

Learning Strategies: Lectures and group assignments

Assessment: Exam and course-work assignments

Bibliography: Vuoristo K-V., Vesterinen N., Lumen ja suven maa (2002)

Handouts

(MMPM004) Introduction to Food Services and Nutrition

Credits: 3 cr Timing: 1st yr

Objective: This course emphasises the significance of food as an important part of tourism

services and the various requirements that tourists have concerning food.

Contents: The different stages of the food services process

Catering in different tourism related situations. Food as a source of energy and nutrition

The most common special diets

Learning Strategies: Lectures, exercises and food preparation in the teaching kitchen

Assessment: Exam and course-work assignments

Bibliography: To be announced

(MMPM005) Serving and Bar Services

Credits: 4 cr Timing: 1st yr

Objective: Students will learn the basics of service and restaurant service. They will be

conversant with current alcohol laws and the most common alcoholic drinks and

their preparation.

Contents: The basic methods and techniques of service

An introduction to serving to order

Alcohol legislation Preparing cocktails Product awareness Tobacco Law

Learning Strategies: Lectures, serving exercises in the learning restaurant

Assessment: exam and course-work assignments

Bibliography: Handout

(MMPM006) Hygiene and Sanitation

Credits: 4 cr Timing: 1st yr

Objective: This course emphasises the health risks involved in tourism and underlines the

importance of hygiene and cleanliness in high quality food and accommodation provision. Students will learn the correct procedure for minimising hygiene risks and

how to organise cleaning services.

Contents: Hygiene legislation and official inspections

Self-monitoring

Microbes and how they multiply How to handle and store food correctly Different forms of food poisoning

A tourist's health risks Personal hygiene

Cleaning kitchen and accommodation facilities

Learning Strategies: Lectures, exercises and study visits

Assessment: Exam and course-work assignments

Bibliography: To be announced

(MMPM007) Safety and First Aid

Credits: 3 cr Timing: 1st yr

Objective: Students will be able to carry out first aid where required and check and assess

safety factors in different situations as part of quality control.

Contents: Finnish Red cross EA 1 and EA 2

Extinguishing

Safety of tourism services

Learning Strategies: Lectures, exercises and teaching discussion

Assessment: Test, first aid exercise, extinguishing practice. Students will be able to complete The

Finnish Red Cross's EA 1 and EA 2 certificates.

Bibliography: Duodecim, SPR, Ensiapuopas, Kuluttajaviraston ohjeet ohjelmapalvelujen tuottajille

(MMPM008) Basics of Activity and Nature Tourism

Credits: 5 cr Timing: 1st yr

Objective: Students will gain knowledge of programme service production, while being aware

of the principles and products of nature and activity tourism. Additionally this course provides information on the opportunities of these forms of tourism in

Finland and international trends.

Prerequisite: Introduction to Tourism

Contents: Tourism programme production

Nature and activity tourism products

Legislation

International trends

Sustainable development

Learning Strategies: Lectures, group work and participation in product development and implementation.

Assessment: Participation, assignments, report

Bibliography: Hudson, S., 2003. Sport and Adventure Tourism

Hemmi, J. 2005 Matkailu, ympäristö ja luonto, parts 1-2

Ritchie, B.W. & Adair, D., (eds) 2004. Sport Tourism - Interrelationships, Impacts

and Issues

Sievänen, T., (toim.) 2001. Luonnon virkistyskäyttö 2000. Verhelä, P. & Lackman, P., 2003. Matkailun ohjelmapalvelut.

(MMPY0Z) BUSINESS ACTIVITIES 1 7 cr

(MMPY001) Business Activities in the Tourism and Hospitality Sector

Credits: 3 cr Timing: 1st yr

Objective: Students will be conversant with the basic concepts of running a business and

financial thinking. They will have a keen understanding of the operational processes

and environment of the tourism and hospitality business.

Contents: The basic concepts of business activities

How a business operates

External, internal and voluntary entrepreneurship Tourism and hospitality business interest groups

Networking/partnership thinking

Learning Strategies: Lectures and group assignments

Assessment: Exam and course-work assignments

Bibliography: Kinkki S., Isokangas J. Yrityksen perustoiminnot (2006)

Handouts

(MMPY002) Introduction to Marketing and Customer Service

Credits: 4 cr Timing: 1st yr

Objective: This course covers basic marketing concepts and the significance of marketing in

business while emphasising the special features of service company marketing and

marketing as a means of competing for business.

Contents: Customer-oriented marketing thinking and basic concepts of marketing.

An introduction to consumer behaviour and how to provide services

The skills, knowledge and behavioural models required in customer service.

Communication skills.

Learning Strategies: Lectures, contact teaching and assignments.

Assessment: Exam and assignments

Bibliography: Bergstöm, S., Leppänen, A., Yrityksen asiakasmarkkinointi

Ylikoski, Järvinen & Rosti. Hyvä asiakaspalvelu.

(MMPV0Z) COMMUNICATION SKILLS 1 17 cr

Oral Communication and Meeting Skills (MMPV001)

Timing: Credits: 3 cr 1st yr

Objective: Students will learn to express themselves and to operate in goal-oriented manner in

different communication situations while gaining knowledge of negotiation and

meeting skills.

Contents: Analysis of speeches and presentations

> Stage fright Use of voice Speeches and talks

Influencing and justification

Different forms of group communication Negotiation and meeting techniques

Documents

Learning Strategies: Contact teaching, exercises

Exam and exercises Assessment:

Bibliography: Repo-Nuutinen: Viestintätaito

Written Communication and Business Letters (MMPV002)

Credits: 3 cr Timing: 1st yr

Objective: Students will learn to write in the manner required of their chosen profession and be

able to compile standard business letters.

The general principles of written communication, accuracy, process writing and Contents:

standard documents, basic business letters and e-mail.

Learning Strategies: Contact teaching, assignments

Assessment: Exam and assignments

Bibliography: Kortetjärvi-Nurmi, Kuronen, Ollikainen, Yrityksen viestintä

Swedish: Svenska inom turismen 1 (MMPV003)

Credits: 3 cr Timing: 1st yr

Objective: Students will develop their spoken and written Swedish skills so as to be able to deal

with Nordic guests, work in tourism and hospitality customer service situations, give company presentations including services and equipment demonstrations, give

presentations of Finland as a tourist destination and make conversation about current

affairs.

Prerequisite: Proficiency test

Contents: Presentation of a tourism company and restaurant operations and staff

Customer service and sales situations

Meeting and spa services

Knowledge of Finland and one's own region

Gastronomy (Names of food, ingredients, food preparation methofs, equipment and

menus)

Finnish cuisine

Differences between Finnish Swedish and Swedish Swedish

Learning Strategies: Small group teaching

Assessment: Continual assessment, written and/or spoken exam

Bibliography: To be announced

(MMPV004) English for Tourism 1

Credits: 3 cr Timing: 1st year

Objective: The student will be able to attend to foreign customers in tourism services and to

apply for a job and practical training abroad.

Prerequisite: Participation in proficiency test

Contents: Grammar surgery, job application, functions of a tourism company, staff in tourism,

customer service

Learning Strategies: Small group sessions

Assessment: Continuous assessment, oral presentation, written exam

Bibliography: Handout

(MMPV005) Third foreign language

Credits: 5 cr Timing:

Objective: Students will develop their language skills in one other language in addition to

Swedish and English. Students can start from the beginning and it is possible to study Spanish, Italian, French, German or Russian as your third foreign language.

(MMPT0Z) METHODOLOGICAL STUDIES 1 11 cr

(MMPT001) Data Processing

Credits: 5 cr Timing: 1st yr

Objective: This course provides students with the basic necessary skills in use of the internet

and e-mail, word processing, spreadsheet accounting and presentation graphics.

Contents: Internet

E-mail

Word processing Presentation graphics Spreadsheet accounting

Learning Strategies: Small group teaching

Assessment: Exam, assignments

Bibliography: To be announced

(MMPT002) Business Mathematics

Credits: 3 cr Timing: 1st yr

Objective: Students will have the mathematical skills required in business and be able to use

and apply them.

Prerequisite: Proficiency test

Contents: Revision and of basic mathematical skills and preparation for further learning:

Provision and value added tax

Indexes Currencies

Interest and compound interest calculations

Credit

Business functions

Learning Strategies: Lectures and exercises

Assessment: Exam and assignments

Bibliography: Karjalainen, L., Optimi -matematiikkaa talouselämän ammattilaisille, 2005

(MMPT003) Personal Development Programme

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will become familiar with the polytechnic, their chosen field of study and

student services. They will learn to plan their studies, assess their own learning

while gaining the tools to monitor their own professional development.

Contents: Studying at the polytechnic, study skills and learning environments

Student services

Grouping

Planning your studies Professional development Transfer to working life

Learning Strategies: Lectures, group work, planning and personal progress sessions and e-learning

Assessment: Participation and completion of all set tasks

Bibliography: Study Guide and e-material

PROFESSIONAL STUDIES

(MMAM0Z) TOURISM SERVICES 32 cr

(MMAM001) Project Management in Tourism

Credits: 6 cr Timing: 2nd yr

Objective: Students will gain experience and knowledge of project work and procedure by

participating in various research and event tourism projects.

Contents: project concept and organisation

Compiling a project plan

Monitoring and ending the project

Organising meetings, congresses and events

Learning Strategies: Lectures, course-work assignments and participation in practical project work

Assessment: Exam and implementation of a project, reporting and presentation.

Bibliography: Pelin R., Projektihallinnan käsikirja (2004)

Silfverberg P., Ideasta projektiksi (1998)

Kauhanen J., Juurakko A., Kauhanen V., Yleisötapahtuman suunnittelu ja toteutus

(2002) Handouts

(MMAM002) Tourism Planning

Credits: 3 cr Timing: 4th yr

Objective: Students will gain an in depth overview of international, national and regional

tourism planning while gaining an overview of the role of tourism in the regional

economy.

Prerequisite: Forms of Tourism

Contents: Tourism strategies and how to compile them, planning documents

International, national and regional tourism planning

Learning Strategies: Lectures, group work and visiting experts

Assessment: Exam and assignments

Bibliography: Handouts

(MMAM003) Nature and Activity Tourism 1

Credits: 4 cr Timing: 2nd yr

Objective: Students will become conversant with the nature and activity tourism planning

process and product implementation by trying out and assessing various nature and

activity tourism products and events.

Prerequisite: Introduction to Tourism, Introduction to Nature and Activity Tourism

Contents: Planning and setting-up nature and activity tourism products in practice.

Learning Strategies: Lectures, group work and participation in study visits and hiking excursions.

Assessment: Participation, course-work assignments, assignment

Bibliography: Aulio, O. 2000. Suuri retkeilykirja

Eklund, J. 2003. Ammattina eräopas

Hemmi, J. 2005 Matkailu, ympäristö ja luonto.

Hentman, R. 1996. Retkeilijän herkut.

Välikylä, T. & Oksanen, H. 2005. Maastoruokailu ja ohjelmapalvelut

(MMAM004) Nature and Activity Tourism 2

Credits: 4 cr Timing: 3rd yr

Objective: Students will gain further in depth knowledge of planning and setting-up nature and

activity tourism products, they will gain the skills required to plan, set up and assess

different types of nature and activity tourism events and products.

Prerequisite: Introduction to Tourism Introduction to Nature and Activity Tourism Nature and

Activity Tourism I

Contents: Planning and implementing nature and activity tourism products

Product evaluation

Research

Learning Strategies: Lectures, group work and participation in setting up products

Assessment: Participation, assignments, exam

Bibliography: To be announced

(MMAM005) Adventure Tourism

Credits: 3 cr Timing: 2nd yr

Objective: This course introduces students to adventure tourism products and theory.

Prerequisite: Introduction to Tourism

Contents: Adventure tourism

Adventure activities

Introduction to adventure education and pedagogy

Extreme tourism

Learning Strategies: Lectures and assignments

Assessment: Participation, practice tasks, report

Bibliography: Degerman, P. & Pohjola, P., 2002. Sinustako seikkailija?

Hemmi, J. 2005. Matkailu, ympäristö ja luonto

Lehtonen, T., 1998. Elämän seikkailu

Priest, S. & Gass, M.A., 1997. Effective Leadership in Adventure Programming

Swarbrooke et al. 2003. Adventure Tourism

Verhelä, P. & Lackman, P., 2003. Matkailun ohjelmapalvelut

(MMAM006) Event Management

Credits: 3 cr Timing: 2nd yr

Objective: This course provides skills in arranging events and meetings and enables students to

function in the varied roles required of event management. Students will also gain knowledge of organising events and congresses in Finland and around the world.

Prerequisite: Introduction to Tourism

Contents: Event and congress management

Congress tourism in Finland

Learning Strategies: Lectures and assignments, study visits, participation in organising and managing an

event

Assessment: Partipation and practice tasks, report, exam

Bibliography: Aarrejärvi, L., 2003. Kokoukset ja kongressit#järjestäjän käsikirja

Kauhanen et al., 2002. Yleisötapahtuman suunnittelu ja toteutus Rautiainen, M. & Siiskonen, M., 2003. Kokous- ja kongressipalvelut Tyni M. 2005. Itäsuomalaistan tapahtumian ominaisniitteitä

Tyni, M. 2005. Itäsuomalaisten tapahtumien ominaispiirteitä.

(MMAM007) Food Culture Adventures

Credits: 3 cr Timing: 2nd yr

Objective: Students will gain an in depth overview of food and drink culture in different

countries and eras for use in tourism.

Prerequisite: Introduction to Food Services and Nutrition

Contents: The development of food and drink culture

The influence of religion and culture on dining

Adventurous food services

Learning Strategies: Lectures, exercises and food preparation in the learning kitchen.

Assessment: Assignments

Bibliography: To be announced

(MMAM008) Introduction to Finnish Culture

Credits: 3 cr Timing: 2nd yr

Objective: This course provides students with an overview of Finnish history to the present day

for use in tourism.

Contents: The background to the Finnish identity

National and local culture

Important events, people, environments and interesting occurences.

Learning Strategies: Lectures, e-learning and group work

Assessment: Assignments and e-essay

Bibliography: To be announced

(MMAM009) Introduction to World Cultures

Credits: 3 cr Timing: 3rd yr

Objective: Students will gain knowledge of the main world cultures, cultural regions and key

cultural dimensions. Cultural impacts on co-operation and tourism in Europe and in

Finland will also be covered.

Contents: World cultural districts

Key cultural dimensions and variables

A brief history of tourism and leisure in Europe and in Finland

Learning Strategies: Lectures and assignments, e-learning. Teaching in English.

Assessment: Assignments and exam

Bibliography: To be announced

(MMAY0Z) BUSINESS ACTIVITIES 2 39 cr

(MMAY001) Marketing of Tourism Services

Credits: 3 cr Timing: 2nd yr

Objective: This course provides in depth knpwledge of the special features of marketing

tourism services, the main forms of competition in marketing, the significance of

product, price and availability and tourism services distribution channels.

Prerequisite: Introduction to Marketing and Customer Service

Contents: Basic means of competing: product, price and availability

Distribution channels

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Albanese, P´., Boedeker, M., Matkailumarkkinointi

Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism, soveltuvin

(MMAY002) Promotion Skills

Credits: 3 cr Timing: 3rd vr

Objective: Students will gain knowledge of different means of promotion and marketing

communication, enabling them to estimate the costs of promotion and to plan

company promotion.

Prerequisite: Introduction to Marketing and Customer Service

Contents: Advertising

Personal sales Sales promotion

Relationship and briefing operations

Next year's marketing plan

Learning Strategies: Lectures, assignments and company visits

Assessment: Assignments, compiling a promotion plan, lecture diary

Bibliography: Anttila, M., Iitanen, K., Markkinointi. Soveltuvin osin.

Bergsrtöm, S., Leppänen, A. Yrityksen asiakasmarkkinointi. Soveltuvin osin. Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism.

Soveltuvin osin.

(MMAY003) Tourism Product Development 1

Credits: 3 cr Timing: 2nd yr

Objective: This course emphasises the significance of the product as the main means of

competing for business and underlines the importance of customer oriented product development as part of on-going company development strategy. This course enables students to plan and price services and products for different sectors of tourism.

Prerequisite: Introduction to Marketing and Customer Service

Contents: Tourism products, planning and pricing

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Verhelä, P., Lackman, P., Matkailun ohjelmapalvelut

Borg, P., Kivi, E., Partti, M., Elämyksestä elinkeinoksi

(MMAY004) Tourism Product Development 2

Credits: 3 cr Timing: 3rd yr

Objective: Students will deepen existing knowledge of tourism and hospitality products and

services enabling them to plan, price and market different product packages to

segmented markets.

Prerequisite: Tourism Product Development 1 Marketing Tourism Services

Contents: Planning, setting-up and pricing product packages and groups. Planning distribution

and availability.

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Boxberg & Komppula. Matkailuyrityksen tuotekehtiys.

Kotler, Bowen & Makens. Marketing for Hospitality and Tourism.

(MMAY005) Bookkeeping and Financial Statements

Credits: 4 cr Timing: 2nd yr

Objective: Students will learn how to describe the financial operations of a company using

bookkeeping and they will be conversant with the principles, methods and of double-entry bookkeeping and the different tasks of the accounting period, as well as financial statement material. Additionally the course includes an introduction to

VAT.

Contents: The financial operations and accounting of a company

Bookkeeping and financial statements Introduction to financial statement analysis

Value added tax basics

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Tomperi, S., Käytännön kirjanpito - oppikirja

Tomperi, S. & Keskinen, V., Käytännön kirjanpito - harjoituskirja

(MMAY006) Management Accounting

Credits: 6 cr Timing: 3rd yr

Objective: Students will be conversant with accounting supporting management decision

making processes and the use of profitability and budget finance calculations.

Contents: The financial planning in a company

Profitability calculations

Pricing

Value added taxation in tourism and hospitality

Budgeting

Profitability of investments Action-based cost accounting

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Nieminen G., Ravintola-alan laskentatoimi

(MMAY007) Contract and Corporate Law

Credits: 5 cr Timing: 2nd yr

Objective: Students will be conversant with the basic principles of contract law and the most

common types of business contracts.

Contents: The legal system

Contracts and how to make them

Authority

Trade representation Compensation Company forms Tourism law

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: To be announced

(MMAY008) Management and Leadership

Credits: 3 cr Timing: 2nd yr

Objective: This course provides an overview of leadership and the management tasks of an

organisation.

Contents: Organisation theory and leadership models

Groups and teams at work

Motivation

Organisation cultures, values and ethics

Learning Strategies: Lectures and assignments

Assessment: Assignments and exam

Bibliography: Laurent, Päivittäisjohtaminen matkailu- ja ravintola-alalla

Viitala, Henkilöstöjohtaminen (soveltuvin osin)

(MMAY009) Personnel Management

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the different areas of service industry personnel

management.

Prerequisite: Management and Leadership

Contents: Planning, volume and recruting human resources

Orientation and on-the-job guidance Staff development and training

Reward and incentive

Occupational safety and legal issues

Learning Strategies: Lectures and assignments

Assessment: Exam and assignment

Bibliography: Viitala, Henkilöstöjohtaminen

Vaahtio, Rekrytointi menestystekijänä Majoitus- ja ravitsemisalan työehtosopimus

(MMAY010) Business Planning in a Changing World

Credits: 3 cr Timing: 4th yr

Objective: Students will understand the effects of regional and national economic development

on tourism and hospitality businesses while being aware of the stages and objectives

of company strategic planning.

Prerequisite: Management and Leadership, Management Accounting, Marketing of Tourism

Services

Contents: Tourism environmental analysis

Company strategic planning Compiling a business plan

Learning Strategies: Lectures and assignments

Assessment: Assignments, business plan

Bibliography: Kamensky, M., Strateginen johtaminen

(MMAY011) Business Organisational Development

Credits: 3 cr Timing: 4th yr

Objective: This course provides knowledge of development models for the whole work

community for application in working life.

Prerequisite: Management and Leadership, Personnel Management

Contents: A learning organisation

Leading change Team learning

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Sarala, Sarala, Oppiva organisaatio:

oppimisen, laadun ja tuottavuuden yhdistäminen

(MMAV0Z) COMMUNICATION SKILLS 2 9 cr

(MMAV003) Swedish: Svenska inom turismen 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will be able to deal effectively with written and spoken tasks in Swedish in

tourism related situations - e.g. routine correspondence and negotiations.

Prerequisite: Svenska inom turismen I

Contents: Business Communication

Learning Strategies: Small group teaching

Assessment: Continual assessment, written and spoken exam

Bibliography: Handout

(MMAV001) English for Tourism 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will be able to use spoken and written English fluently in different tourism

related situations using different communication tools.

Prerequisite: English for Tourism 1

Contents: Tourism company communication (reservations, confirmations, cancellations,

alterations)

Routine letters, payments

Negotiations

Learning Strategies: Small group teaching

Assessment: Spoken and written exercises

Bibliography: Handout/WebCt

(MMAV002) English for Tourism 3

Credits: 3 cr Timing: 3rd yr

Objective: Students will deepen their spoken and written English language skills enabling them

to describe Finland as a tourist destination and to read and write texts related to their

field.

Prerequisite: English for Tourism 2

Contents: Finland as a tourist destination, current texts and articles on tourism, academic

writing.

Learning Strategies: Small group teaching

Assessment: Spoken and written exercises, written exam

Bibliography: Handout

(MMAT0Z) METHODOLOGICAL STUDIES 2 7 cr

(MMAT001) Introduction to Research Methods

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the main points of the research process and the

basic concepts of research as well as gaining knowledge of qualitative research

methods.

Contents: Basic concepts of research

The research process Qualitative research Theme interview Activity-based research

Learning Strategies: Lectures, exercises

Assessment: Assignments, exam

Bibliography: Hirsjärvi, S., Remes, P., Sajavaara, P., Tutki ja kirjoita

Hirsjärvi, S. & Hurme, H., Tutkimushaastattelu

Eskola, J. & Suoranta, J., Johdatus laadulliseen tutkimukseen Airaksinen, T. & Vilkka, H., Toiminnallinen opinnäytetyö

Further reading to be announced

(MMAT002) Statistics

Credits: 4 cr Timing: 3rd yr

Objective: Students will learn how to process statistical material, distribution parameters, the

most common statistical methods, statistical texts and how to use SPSS software and

to interpret results.

Contents: Processing and interpreting statistical material:

Basic concepts and tables Statistical parameters

Correlation: cross-tabling, correlation analysis and regression analysis

Learning Strategies: Lectures and assignments

Assessment: Exam, exercises and assignments

Bibliography: Karjalainen, L., Tilastomatematiikka, 2004

Heikkilä, T., Tilastollinen tutkimus, 2005

(VAPAAZ) FREE-CHOICE STUDIES 15 cr

Students can freely select 15 cr of studies that will support their professional development, from their own field/degree programme or from another degree programme in their own university of applied sciences, from another university of applied sciences or science university. Students will achieve wide-ranging business expertise.

(MMWA011) Wildlife Watching

Credits: 3 cr Timing: 2nd - 3rd yr spring

Objective: This course provides a glimse of wildlife watching as a form of tourism,

concentrating on large predator and bird watching in order to build product

packages.

Prerequisite: Introduction to Tourism, Introduction to Nature and Activity Tourism

Contents: Knowledge and identification of species

Large predator watching

Bird watching Legal issues

Organising watching sessions

International trends

Learning Strategies: Lectures, small group teaching, study visits

Assessment: Participation, practice tasks, report

Bibliography: To be announced

(MMWA012) Wilderness Cuisine

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will be able to plan, prepare and serve food in the wilderness.

Prerequisite: Introduction to Tourism, Introduction to Nature and Exercise Tourism

Contents: Catering in the wilderness

Food preparation equipment in the field

The tripper and food Preparing camp food Self monitoring

Learning Strategies: Lectures and exercises

Assessment: Participation and assignments

Bibliography: To be announced

(MMWA008) Hunting and Fishing Tourism

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will learn about fishing and hunting tourism.

Prerequisite: Introduction to Tourism Introduction to Nature and Activity Tourism

Contents: Forms of fishing and hunting tourism, trends, legislation, hunting qualification.

Learning Strategies: Lecture and exercises, participation in hunting and fishing events

Assessment: Parcipation and assignments

Bibliography: To be announced

(MMWA009) Adventure Education

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will deepen their knowledge of adventure education enabling them to apply

adventure education methods.

Prerequisite: Introduction to Tourism, Adventure Tourism

Contents: Group dynamics, maintaining the spirit of the group

The theory of adventure education

Adventure activities

Learning Strategies: Lectures and exercises. Weekend camp

Assessment: Active participation, assignment

Bibliography: To be announced

(MMWA010) International Tourism Geography

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: This course emphasises the global nature of tourism as a livelihood, the regional

structure of tourism, large tourist areas and the main tourist destination countries from Finland. Students will increase their regional knowledge and be able to imagine the world map divided into its different tourist countries and regions.

Prerequisite: Forms of Tourism or Introduction to Tourism

Contents: The m ain geographical prerequisites for tourism

International regional structure of tourism Large tourist areas and tourism countries Sustainable development in tourism

Learning Strategies: Lectures and small group exercises

Assessment: Exam and assignments

Bibliography: Vuoristo K-V., Matkailun maailma; Kansainvälisen matkailun maantiede (2003)

Handouts

(MMWA013) Doorman Training Course

Credits: 3 cr Timing: 1st - 4th yr

Objective: This training course provides those who pass it with the opportunity to apply for a

doorman/bouncer card.

Contents: Minstry of the Interior training material

Visiting experts. Practical exercises.

Learning Strategies: 24 H / lectures + 16 H practical training and exercises

Assessment: Exam and exercises

Bibliography: Ministry of the Interior training handout

(MMWA017) Tourism Industry in Russia

Credits: 3 cr Timing: 1st - 4th yr

Objective: This course introduces students to tourism from Russia to Finland and visa versa.

Contents: Customer segments and profiles

Tourist destinations

Product development and marketing opportunities

Learning Strategies: Classroom teaching, group work

Assessment: Portfolio containing a learning diary and assignments

Bibliography: To be announced

(MMWA018) History of Tourism

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will be conversant with the history of tourism to the present day.

Prerequisite: Forms of Tourism or Introduction to Tourism

Contents: Different eras in tourism history.

Learning Strategies: Book exam and assignment

Bibliography: Kostiainen A., Ahtola J., Koivunen L., Korpela K ja Syrjämaa T. Matkailijan

ihmeellinen maailma. Matkailun historia vanhalta ajalta omaan aikaamme (2004)

(MMWA019) The Ten-finger Method and Word Follow -up Course

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will be proficient in the use of the ten-finger system and word processing

features.

Contents: Fingering exercises

Revision of the central features of Word and its special features - group

correspondence, address lables, columns, indexes and graphics

Learning Strategies: Small group teaching

Assessment: Exam and Assignments

Bibliography: Handouts

Kärkkäinen, H., Schroderus, H., Tehoa tekstinkäsittelyyn

(MMWA020) Picture Manipulation

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will gain basic knowledge of picture manipulation.

Contents: taking pictures and the central features of editing

Plain selection Drawing tools

Levels Masks

Different types of image documents

Learning Strategies: Small group teaching

Assessment: Exam and assignments

Bibliography: To be announced

(MMWA022) Effective Use of InDesign and Publisher

Credits: 3 cr Timing: 2nd - 4th yr

Objective: Students will have wide-ranging knowledge of how to use Indesign and Publisher

software effectively enabling them to produce newspaper notices, adverts and

publications of different forms and size.

Contents: Editing and makeup, text borders, graphics

Templates, models

Tables

Publication glossaries, references and table of contents

Publication makeup into other than A4 size

Learning Strategies: Small group teaching

Assessment: Exam, assignments, distance learning tasks

Bibliography: Handouts

(MMWA023) Statistical Research

Credits: 3 cr Timing: 2nd - 4th yr

Objective: Students will be conversant with the processing, analysis and result reporting of

quantitative statistical material while elarning new statistical methods to get results.

Prerequisite: Statistics

Contents: Statistical part of the thesis/whole piece of research:

Entering material and processing (SPSS)

Statistical methods (SPSS) Interpretation of outcomes

Presenting results orally and in written report form.

Learning Strategies: Lectures, exercises

Assessment: Assignments, exam

Bibliography: Handout

(MMWA045) Financial Mathematics

Credits: 3 cr Timing: 2nd - 4th yr

Objective: Students will be conversant with investment calculation, different forms of funding

and investment calculations and how to determine annual percentage rates of

interest.

Prerequisite: Business Mathematics

Contents: Investment procedures

Interpreting and comparing results of different investment procedures

Forms of funding

Annual percentage rates of interest

Investment calculations

Determining investment annual percentage rates of interest Continuous compound interest calculation and payment flow

Calculations using Excel

Learning Strategies: Lectures and exercises

Assessment: Exam and assignments

Bibliography: Karjalainen, L., Optimi -matematiikkaa talouselämän ammattilaisille, 2005

(MPWA003) Bakery and Confectionery Products

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will be able to prepare the most common bakery and confectionary

products.

Contents: Finnish and international food and bakery product culture

Different product groups

The special ingredients used in bakeries and confectionery products

Learning Strategies: lectures, work in the learning kitchen and study visits

Assessment: Assignments

Bibliography: To be announced

(MMWA044) Beers and Ciders

Credits: 3 cr Timing: 1st - 4th year

Objective: Students will get to know different types of beer and cider from different countries

and they will learn how to evaluate their features and use for the benefit of the food

service industry.

Contents: Production techniques

Legislation

Types of beer and cider The structure of beer and cider Service and tasting technique

Learning Strategies: Lectures and small group work

Assessment: Assignments

Bibliography: Handouts

(MMWA031) German in Tourism

Credits: 3 cr Timing: 1st, 2nd, 3rd and 4th

yr

Objective: Students will be able to cope in customer service situations such as accommodation

and catering services, give a talk in German on the services and facilities provided by an accommodation or catering business and on their own region and Finland. The course covers basic gastronomic vocabulary, menus and Finnish cuisine in German.

Prerequisite: Anfängerstufe Deutsch im Beruf II or proficiency test

Contents: Everyday German and polite phrases

Hotel and restaurant customer service situations

Telephoning

Gastronomic terminology Finland in German German etiquette

Learning Strategies: Small group teaching

Assessment: Continuous assessment and written exam

Bibliography: Handout

(MMOA0Z) THESIS 15 cr

(MMOA001) Thesis

Credits: 15 cr Timing: 3rd - 4th yr

Objective: The thesis allows students to study an area related to their studies in an in depth and

critical way. It can be completed in the form of research, a development project or activity and should support students' professional development while serving the needs of working life. Students will also participate in seminars where they can present their subject under research and outcomes as well as assessing other

students' work. Students will also complete a maturity test.

Prerequisite: Introduction to Research Work Statistics

Contents: Students will take part in seminars where they can present their own work, assess

the work of others and act as opponents for other students presenting their work. After the subject of the thesis has been approved a supervisor is assigned to oversee its completion. The final thesis is completed and then presented during a seminar session after the student has compiled a subject analysis and a research plan. The

maturity sample is written after the thesis has been presented.

Bibliography: Hirsjärvi, Remes, Sajavaara, Tutki ja kirjoita

Opinnäytetyöohjeet

(MMHA0Z) PRACTICAL TRAINING 30 cr

(MMHA001) Practical Training

Credits: 30 cr Timing:

Objective: Students will gain experience of work tasks related to their chosen professional field

while learning to develop and assess their work and their work environment. Students must find their own practical training place in a company or public

organisation abroad or in Finland.

Contents: Practical training seminars before and after the practical training period

Practical training in a tourism, hospitality (food) or domestic services business Practical training reports and tasks and participation in discussion using WebCT More specific instructions and necessary forms can be found on WebCT that will be

introduced during the practical training seminar.

Assessment: Practical training, reporting and participation in WebCT discussions.

DEGREE PROGRAMME IN HOSPITALITY MANAGEMENT

The Degree Programme in Hospitality Management leads to a Polytechnic Bachelors Degree qualification in Hospitality Management. The name of the qualification is restonomi (AMK) in Finnish, Bachelor of Hospitality Management. The degree programme is worth 210 credits and it should take 3.5 years to complete with a maximum completion time of 4.5 years. There are 20 study places on this degree programme. The degree programme comprises **basic studies**, **professional studies**, **free-choice studies**, **practical training**, and thesis.

GENERAL OBJECTIVES

Degree Programme in Hospitality Management graduates will possess expertise in food services and be capable of co-operation and work within a variety of fields. The underlying theme of the programme is the development of creativity, entrepreneurship, international competences and self-awareness.

Students will acquire the basic skills required to organize food services in different settings and operational environments as part of a tourism product. The degree programme schools students in how to use local ingredients and food traditions to create distinctive modern products while providing them with a keen awareness of economic factors affecting food service production.

The objectives of the degree programme include the following competences:

Subject specific competences	Description of the competence
Degree programme in Hospitality Management	
Service-mindedness	 § understands that hospitality is one of the central values and success factors of the sector. § can provide healthy, safe and profitable services which promote customers' wellbeing. § can take aesthetic and ethical perspectives into account when providing services (premises, service products, communications). § is familiar with the principles of consumer behaviour and can make use of them in developing services.
Service systems	 § can plan, produce and develop services to suit the needs of the operating environment. § can define, manage and evaluate service processes (product planning, profitability, and organisation, management and development of work) § can develop services using product development and commodification methods § is aware of the safety requirements for the sector and can apply them to his/her own work.
Service management	 § knows and understands company strategies and can make use of them in managing service operations. § can plan, implement and evaluate his/her own and the department's daily supervisory management activities. § can organise a work community and make use of the skills of individuals, teams and communities.

Business know-how	 § can analyse customer relationships from the point of view of service development. § understands the main concepts of business and has internalised the principles of a commercial approach. § can predict the effect of alternative operating methods on financial results and competitiveness. § can apply the principles of entrepreneurship, both as an entrepreneur and as an employee.
	§ can operate in, make use of and develop various kinds of networks.
Service environments for hospitality management	 § is able to evaluate the effect of hospitality service production and creation on the user, the environment and on society § is able to bear the economic, social, cultural and ecological responsibility of hospitality service production and management. § understands the significance of internationalisation, globalisation and different cultures for services and their development. § can benefit from applying the characteristics of national cultures in developing tourism. § Will be aware of their own activities in terms of the development of the local region

Annual Themes — Description of Progress in Studies

Each study year has its own theme which describes the main focus of the courses.

1st year - Observer of hospitality services

- conversant with basic concepts
- knowledge of those active in tourism
- conversant with basic skills

2^{nd} and 3^{rd} year –Hospitality services actor

- hospitality services knowledge base
- knowledge of the most important working methods
- development of information retrieval and teamwork skills

4th year – Developer of hospitality services

- ability to apply the latest knowledge develop the field of hospitality services

DEGREE PROGRAMME IN HOSPITALITY MANAGEMENT 210 CR

BASIC STUDIES Basics of Tourism and Hospitality Management Business Activities 1 Communication Skills 1 Methodological Studies 1	67 cr 36 cr 7 cr 12 cr 12 cr
PROFESSIONAL STUDIES Food Services Business Activities 2 Communication Skills 2 Methodological Studies 2	83 cr 36 cr 31 cr 9 cr 7 cr
PRACTICAL TRAINING	30 cr
THESIS	15 cr
FREE-CHOICE STUDIES	15 cr

For optional language studies see the Bachelor of Business Administration, Business Administration Degree Programme starting from page 82.

DEGREE PROGRAMME IN HOSPITALITY MANAGEMENT STUDY MODULES

BASIC STUDIES 67 CR

BASIC STUDIES

Basics of Tourism and Hospitality Management	36 cr
Principles of Tourism	3 cr
Accommodation Services	3 cr
Basics of Food Preparation	7 cr
Catering Processes and Food Science	3 cr
Hygiene and Sanitation	4 cr
Nutrition	3 cr
Serving and Bar Services	4 cr
Professional Kitchen Operations	9 cr
Business Activities 1	7 cr
Introduction to Marketing and Customer Service	4 cr
Business Activities in the Tourism and Food Services Sector	3 cr
Communication Skills 1	12 cr
Oral Communication and Meeting Skills	3 cr
Written Communication and Business Letters	3 cr
Svenska inom turismen 1	3 cr
English for Tourism 1	3 cr
8	
Methodological Studies 1	12 cr
IT applications for Catering	6 cr
Business Mathematics	3 cr
Personal Development Programme	3 cr

PROFESSIONAL STUDIES 83 CR

Food Services	36 cr
Special Diets	3 cr
Restaurant Activities	5 cr
World Cuisines	5 cr
Introduction to Wines	3 cr
Catering to order	3 cr
Catering at Events	5 cr
Logistics and Kitchen Planning	3 cr
Food Chemistry and Quality Control	3 cr
Product Development	3 cr
Wilderness Cuisine	3 cr
Business Activities 2	31 cr
Services Marketing	3 cr
Promotion Skills	3 cr
Bookkeeping and Financial Statements	4 cr
Management Accounting	6 cr
Contract and Corporate Law	3 cr
Leadership	3 cr
Personnel Management	3 cr
Business Planning in a Changing World	3 cr
Business Organisational Development	3 cr
Communication Skills 2	9 cr
Svenska inom turismen 2	3 cr
English for the Catering Industry 1	3 cr
English for the Catering Industry 2	3 cr
Methodological Studies 2	7 cr
Introduction to Research	3 cr
Statistics	4 cr

COURSE DESCRIPTIONS OF DEGREE PROGRAMME IN HOSPITALITY MANAGEMENT

BASIC STUDIES

(MPPM0Z) BASICS OF TOURISM AND HOSPITALITY MANAGEMENT 36 cr

(MPPM001) Principles of Tourism

Credits: 3 cr Timing: 1st yr

Objective: Students will gain a general overview of the history, current issues and the future of

tourism, while being aware of the effects of tourism on society and the evironment.

Contents: Basic concepts, history and requirements of tourism

Tourism as a form of livelihood in Finland and the world

Portrait of a tourist

Tourism promotion and management

Learning Strategies: Lectures and group assignments

Assessment: Exam and assignments

Bibliography: Vuoristo K-V., Matkailun muodot (2002)

Cooper, Fletcher, Gilbert, Shepherd & Wanhill: Tourism, Principles and

Practice (2005) Handouts

(MPPM002) Accommodation Services

Credits: 3 cr Timing: 2nd yr

Objective: Students will be able to compare how to provide different forms of accommodation,

while being aware of the basic functions of accommodation and profit-oriented

working.

Contents: The structure of the accommodation business and different forms of accommodation

business

The basic functions of the accommodation business

Reservation software (Hotellinx)

The central parameters of profitability in accommodation

Safety risks in accommodation

Learning Strategies: Lectures, group work and study visits

Assessment: Exam and course-work assignments

Bibliography: Asunta T., Brännare-Sorsa R., Kairamo H., Matero S., Majoitus- ja matkailupalvelu

(2005)

(MPPM003) Basics of Food Preparation

Credits: 7 cr Timing: 1st yr

Objective: Students will gain comprehensive skills in food preparation and serving as well as

learning how to make use of basic food recipes.

Contents: Occupational safety and hygiene in the kitchen

Organising the work place and work ergonomics

Machines, equipment and small tools Food preparation methods and service

The most common types of food and the correct way to handle ingredients

Economy and adapting recipes

Learning Strategies: Lectures, exercises and food preparation in the learning kitchen

Assessment: Assignments and set task

Bibliography: Will be announced at the outset of the course

(MPPM004) Catering Processes and Food Science

Credits: 3 cr Timing: 1st yr

Objective: Students will gain an extensive overview of the different stages of food services

production and of existing types of food services while also learning to recognise,

use and compare common ingredients.

Contents: The stages of the food service process

Different forms of food service production.

Food stuff groups

Recognition of food stuffs and their use

Learning Strategies: Lectures and exercises

Assessment: Exam and assignments

Bibliography: To be announced

(MPPM005) Hygiene and Sanitation

Credits: 4 cr Timing:

Objective: This course emphasises the health risks involved in tourism and underlines the

importance of hygiene and cleanliness in high quality food and accommodation provision. Students will learn the correct procedure for minimising hygiene risks and

how to organise cleaning services.

Contents: Hygiene legislation and official inspections

Self-monitoring

Microbes and how they multiply How to handle and store food correctly Different forms of food poisoning

Personal hygiene

Cleaning kitchen and accommodation facilities

Learning Strategies: Lectures, assignments and study visits

Assessment: Exam and assignments

Bibliography: To be announced

(MPPM006) Nutrition

Credits: 3 cr Timing: 1st yr

Objective: Students will understand the significant effects of nutrition on a person's physical

and mental well-being and the opportunities for mass nutritional education in group

catering. Students will also be aware of the aims and contents of nutritional

recommendations for Finns for practical use.

Contents: Factors effecting choice of food

The health and morbidity of the Finnish population Nutritional recommendations and their application

Nutrients and how they effect the body

Thw nutritional requirements of different age groups

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: To be announced

(MPPM007) Serving and Bar Services

Credits: 4 cr Timing: 1st yr

Objective: Students will learn the basics of service and restaurant service. They will be

conversant with current alcohol laws and the most common alcoholic drinks and

their preparation.

Contents: The basic methods and techniques of service

An introduction to serving to order

Alcohol legislation Preparing cocktails Product awareness

Tobacco and smoking laws

Learning Strategies: Lectures, waiting at table in the learning restaurant

Assessment: Exam and assignments

Bibliography: Määttälä,S., Nuutila,J. & Saranpää,T. Juhlapalvelu, suunnittele ja toteuta.

Handout

(MPPM008) Professional Kitchen Operations

Credits: 9 cr Timing: 1st yr

Objective: Students will learn how to produce large amounts of food according to current

quality specifications for different mass catering customer groups.

Prerequisite: Basics of Food Preparation

Contents: Food preparation in a professional kitchen

Meal planning

Planning a standard recipe

Pricing meals

Use of devices and equipment in a professional kitchen

Supervision

Learning Strategies: Lectures, supervision discussions and practical work in professional kitchens

Assessment: Food production plans and exam

Bibliography: To be announced

(MPPY0Z) BUSINESS ACTIVITIES 1 7 cr

(MPPY001) Introduction to Marketing and Customer Service

Credits: 4 cr Timing: 1st yr

Objective: This course covers basic marketing concepts and the significance of marketing in

business while emphasising the special features of service company marketing and

marketing as a means of competing for business.

Contents: Customer-oriented marketing thinking and basic concepts of marketing.

An introduction to consumer behaviour and how to provide services

The skills, knowledge and behavioural models required in customer service.

Communication skills.

Learning Strategies: Lectures, contact teaching and assignments.

Assessment: Exam and assignments

Bibliography: Bergstöm, S., Leppänen, A., Yrityksen asiakasmarkkinointi

Ylikoski, Järvinen & Rosti. Hyvä asiakaspalvelu.

(MPPY002) Business Activities in the Tourism and Hospitality Sector

Credits: 3 cr Timing: 1st yr

Objective: Students will be conversant with the basic concepts of running a business and

financial thinking. They will have a keen understanding of the operational processes

and environment of the tourism and hospitality business.

Contents: The basic concepts of business activities

How a business operates

External, internal and voluntary entrepreneurship Tourism and hospitality business interest groups

Networking/partnership thinking

Learning Strategies: Lectures, group work

Assessment: Exam and assignments

Bibliography: Kinkki S., Yrityksen perustoiminnot (2004)

Pesonen I., Mönkkönen T., Hokkanen T., Menestyvä matkailuyritys (2002)

Handouts

(MPPV0Z) COMMUNICATION SKILLS 1 12 cr

(MPPV001) Oral Communication and Meeting Skills

Credits: 3 cr Timing: 1st yr

Objective: Students will learn to express themselves and to operate in goal-oriented manner in

different communication situations while gaining knowledge of negotiation and

meeting skills.

Contents: Analysis of speeches and presentations

Stage firght Use of voice Speeches and talks

Influencing and justification

Different forms of group communication Negotiation and meeting techniques

Documents

Learning Strategies: Contact teaching, exercises

Assessment: Exam and exercises

Bibliography: Repo-Nuutinen: Viestintätaito

(MPAV001) Written Communication and Business Letters

Credits: 3 cr Timing: 1st yr

Objective: Students will learn to write in the manner required of their chosen profession and be

able to compile standard business letters.

Contents: The general principles of written communication, accuracy, process writing and

standard documents, basic business letters and e-mail.

Learning Strategies: Contact teaching, assignments

Assessment: Exam and assignments

Bibliography: Kortetjärvi-Nurmi, Kuronen, Ollikainen, Yrityksen viestintä

(MPPV002) Swedish: Svenska inom turismen 1

Credits: 3 cr Timing: 1st yr

Objective: Students will develop their spoken and written Swedish skills enabling them to work

in tourism and hospitality customer service situations, give company presentations including services and equipment and Finnish food specialities, give presentations of

Finland as a tourist destination and make conversation about current affairs.

Prerequisite: Participation in proficiency test

Contents: Everday Swedish

Hotel and restaurant customer service

Finnish food culture and gastronomic terminology

Differences between Finnish Swedish and Swedish Swedish

Finland info Current events

Learning Strategies: Small group teaching

Assessment: Continual assessment and written and spoken exam

Bibliography: To be announced

(MPPV003) English for Tourism 1

Credits: 3 cr Timing: 1st yr

Objective: The student will be able to attend to foreign customers in tourism services and to

apply for a job and practical training abroad.

Prerequisite: Participation in proficiency test

Contents: Grammar surgery, job application, functions of a tourism company, staff in tourism,

customer service

Learning Strategies: Small group teaching (contact teaching 40 - 80 hours) oral and written exercises

Assessment: Continual assessment, oral presentation, written exam

Bibliography: Handout

(MPPT0Z) METHODOLOGICAL STUDIES 1 12 cr

(MPPT001) IT-Applications for Catering

Credits: 6 cr Timing: 1st yr

Objective: Students will be able to use the internet and e-mail, while being conversant with

word processing, spreadsheet accounting, presentation graphics food production

management software for use in their work.

Contents: Internet

E-mail

word processing Presentation graphics Spreadsheet accounting

Food production management software and their features

Use of Aterix software

Learning Strategies: Small group teaching

Assessment: exam, assignments

Bibliography: To be announced

(MPPT002) Business Mathematics

Credits: 3 cr Timing: 1st yr

Objective: Students will have the mathematical skills required in business and be able to use

and apply them.

Prerequisite: Proficiency test

Contents: Revision and of basic mathematical skills and preparation for further learning:

Provision and value added tax

Indexes

Currencies

Interest and compound interest calculations

Credit

Business functions

Learning Strategies: Lectures and exercises

Assessment: Exam and assignments

Bibliography: Karjalainen, L., Optimi -matematiikkaa talouselämän ammattilaisille, 2005

(MPPT003) Personal Development Programme

Credits: 3 cr Timing: 1st - 4th yr

Objective: Students will become familiar with the polytechnic, their chosen field of study and

student services. They will learn to plan their studies, assess their own learning

while gaining the tools to monitor their own professional development.

Contents: Studying at the polytechnic, study skills and learning environments

Student services Grouping

Planning your studies Professional development Transfer to working life

Learning Strategies: Lectures, group work, planning and personal progress sessions and e-learning

Assessment: Participation and completion of all set tasks

Bibliography: Study Guide and e-material

PROFESSIONAL STUDIES

(MPAR0Z) FOOD SERVICES 36 cr

(MPAR001) Special Diets

Credits: 3 cr Timing: 2nd yr

Objective: Students will be aware of the needs of clients following a special diet enabling them

to plan and prepare meals according to current quality standards.

Prerequisite: Nutrition

Contents: The most common special diest

Preparing food and product awareness for special diets

Quality objectives for special diets

Learning Strategies: Lectures, assignments and food preparation in the learning kitchen

Assessment: Exam and assignments

Bibliography: To be announced

(MPAR002) Restaurant Activities

Credits: 5 cr Timing: 2nd yr

Objective: Students will gain experience of food preparation in a restaurant environment, while

getting to know the food culture, food preparation, food aesthetics and food service

of the restaurant.

Prerequisite: Basics of Food Preparation and Professional Kitchen Operations

Contents: Typical restaurant meals and food preparation methods

Meal and portion planning

Portion card Regional foods

Learning Strategies: Lectures and work in the learning restaurant

Assessment: Exam and assignments

Bibliography: Hämäläinen, J. & Lehtovaara, T. Ravintolakokin käsikirja

(MPAR003) Kitchens of the World

Credits: 5 cr Timing: 2nd yr

Objective: Students will get to know the food cultures of different countries and international

food trends.

Prerequisite: Basics of Food Preparation and Professional Kitchen Operations

Contents: History of culinary skills

European, Asian, American and African cuisine

Learning Strategies: Lectures and work in the learning restaurant

Assessment: Portfolio and assingments

Bibliography: To be announced

(MPAR004) Introduction to Wines

Credits: 3 cr Timing: 2nd vr

Objective: Students will get to know the wines of different countries and combining meals and

wine.

Contents: Wine making areas

The most common types of grape

The structure of wine

Service and tasting techniques

Wine legislation

Choosing an appropriate wine to accompany a meal

International wine terminology

Learning Strategies: Lectures and wine tasting and assessment

Assessment: Exam and assignment

Bibliography: Lecture handout

(MPAR005) Catering to Order

Credits: 3 cr Timing: 1st yr

Objective: Students will gain knowledge of different factors to take into account when planning

and implementing catering to order.

Prerequisite: Table Service and Bar Service

Contents: Planning and carrying out catering to order

Profitability calculations

Learning Strategies: Lectures, assignments and work practice exercises

Assessment: Exam and assignment

Bibliography: Määttälä, S., Nuutila, J. ja Saranpää, T., Juhlapalvelu, suunnittele ja toteuta

(MPAR006) Catering at Events

Credits: 5 cr Timing: 2nd yr

Objective: Students will learn how to carry out project work by completing tasks commissioned

by companies, private individuals or public organisations.

Prerequisite: Service to Order

Contents: The main principles of project-based activity

Structure of the project plan

Planning and implementing food services as one part of a wider project.

Learning Strategies: Practical project work

Assessment: Project reports and presentation

Bibliography: To be announced

(MPAR007) Logistics and Kitchen Planning

Credits: 3 cr Timing: 2nd yr

Objective: Students will understand kitchen planning as a whole, being able to outline the

demands made on planning due to physical and economic resources. Students will also gain knowledge of the acquisition process of hospitality materials and services.

Contents: Interpreting building drawings

Planning and repairing kitchen and dining facilities

Building legislation Acquisition legislation Acquisition methods Logistics and storage

Learning Strategies: Lectures and study visits

Assessment: Exam and assignments

Bibliography: To be announced

(MPAR008) Food Chemistry and Quality Control

Credits: 3 cr Timing: 3rd yr

Objective: Students will understand the chemical and physical reactions that occur in food for

use in practical food preparation. They will also be aware of sensory food

assessment methods enabling them to assess food quality. This course also covers

the most common food services quality control systems.

Contents: The chemical makeup of food stuffs

Chemical and physical reactions occurring during food preparation and their effects

on food quality.

Sensory assessment methods

Food services quality control systems

Learning Strategies: Lectures, assignments and practical work in the learning kitchen.

Assessment: Exam and assignments

Bibliography: Parkkinen, K., Rautavirta, K. Utelias kokki. Elintarviketietoa ruoanvalmistajalle.

(MPAR009) Product Development

Credits: 3 cr Timing: 3rd yr

Objective: Students will get to know the different stages of product development and learn to

develop new food products.

Prerequisite: Food Chemistry and Quality Control

Contents: The product development process

Developing a new food product

Learning Strategies: Lectures and practical work in the learning kitchen

Assessment: Product development in co-operation with a company

Bibliography: To be announced

(MPAR010) Wilderness Cuisine

Credits: 3 cr Timing: 3rd yr

Objective: Students will gain the necessary skills to plan and prepare food in the wilderness or

on the move.

Prerequisite: Introduction to Tourism

Contents: Preparing and serving food in the field

Food preparation equipment in the field

Self-monitoring

Learning Strategies: Lectures and practice tasks

Assessment: Participation and assignments

Bibliography: To be announced

(MPAY0Z) BUSINESS ACTIVITIES 2 31 cr

(MPAY001) Services Marketing

Credits: 3 cr Timing: 2nd yr

Objective: This course provides in depth knowledge of the special features of marketing

services, the main forms of competition in marketing, the significance of product,

price and availability and tourism services distribution channels.

Prerequisite: Introduction to Marketing and Customer Service

Contents: Basic means of competing: product, price and availability

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Anttila, M., Iltanen, K., Markkinointi, soveltuvin osin

Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism, soveltuvin

osin

(MPAY002) Promotion Skills

Credits: 3 cr Timing: 3rd yr

Objective: Students will gain knowledge of different means of promotion and marketing

communication, enabling them to estimate the costs of promotion and to plan

company promotion.

Prerequisite: Introduction to Marketing and Customer Service

Contents: Advertising

Personal sales
Sales promotion

Relationship and briefing operations

Learning Strategies: Lectures, assignments

Assessment: Assignments, compiling a promotion plan, lecture diary

Bibliography: Bergström & Leppänen. Yrityksen asiakasmarkkinpointi. Soveltuvin osin.

Anttila, Iitanen, Markkinointi, soveltuvin osin,

Kotler, P., Bowen, J., Makens, J., Marketing for Hospitality and Tourism, soveltuvin

osin

(MPAY003) Bookkeeping and Financial Statements

Credits: 4 cr Timing: 2nd yr

Objective: Students will learn how to describe the financial operations of a company using

bookkeeping and they will be conversant with the principles, methods and of double-entry bookkeeping and the different tasks of the accounting period, as well as financial statement material. Additionally the course includes an introduction to

VAT.

Contents: The financial operations and accounting of a company

Bookkeeping and financial statements Introduction to financial statement analysis

Value added tax basics

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Tomperi, S., Käytännön kirjanpito - oppikirja

Tomperi, S. & Keskinen, V., Käytännön kirjanpito - harjoituskirja

(MPAY004) Management Accounting

Credits: 6 cr Timing: 3rd yr

Objective: Students will be conversant with accounting supporting management decision

making processes and the use of profitability and budget finance calculations.

Contents: Financial planning in a company

Profitability calculations

Pricing

Value added taxation in tourism and hospitality

Budgeting

Profitability of investments Action-based cost accounting

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Nieminen G., Ravintola-alan laskentatoimi

(MPAY005) Contract and Corporate Law

Credits: 3 cr Timing: 3rd yr

Objective: Students will be conversant with the basic principles of contract law and the most

common types of business contracts.

Contents: The legal system

Contracts and how to make them

Authority Compensation Company forms

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: To be announced

(MPAY006) Management and Leadership

Credits: 3 cr Timing: 2nd yr

Objective: This course provides an overview of leadership and the management tasks in an

organisation.

Contents: Organisation theory and leadership models

Groups and teams at work

Motivation

Organisation cultures, values and ethics

Learning Strategies: Lectures and assignments

Assessment: Assignments and exam

Bibliography: Laurent, Päivittäisjohtaminen matkailu- ja ravintoala-alalla

Viitala, henkilöstöjohtaminen (soveltuvin osin)

(MPAY007) Personnel Management

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the different areas of service industry personnel

management.

Prerequisite: Management and Leadership

Contents: Planning, volume and recruiting human resources

Orientation and on-the-job guidance Staff development and training

Reward and incentive

Occupational safety and legal issues

Learning Strategies: Lectures and assignments

Assessment: Exam and assignment

Bibliography: Viitala, Henkilöstöjohtaminen

Vaahtio, Rekrytointi menestystekijänä Majoitus- ja ravitsemisalan työehtosopimus

(MPAY008) Business Planning in a Changing World

Credits: 3 cr Timing: 4th yr

Objective: Students will understand the effects of regional and national economic development

on the service industry while being aware of the stages and objectives of company

strategic planning.

Prerequisite: Management and Leadership, Management Accounting, Services Marketing

Contents: Service industry environmental analysis

Company strategic planning Compiling a business plan

Learning Strategies: Lectures and assignments

Assessment: Assignments, business plan

Bibliography: Kamensky, M., Strateginen johtaminen

(MPAY009) Business Organisational Development

Credits: 3 cr Timing: 4th yr

Objective: This course provides knowledge of development models for the whole work

community for application in working life.

Prerequisite: Management and Leadership, Personnel Management

Contents: A learning organisation

Leading change Team learning

Learning Strategies: Lectures and assignments

Assessment: Exam and assignments

Bibliography: Sarala, Sarala, Oppiva organisaatio: oppimisen, laadun ja tuottavuuden

yhdistäminen

(MPAV0Z) COMMUNICATION SKILLS 2 9 cr

(MPAV006) Swedish: Svenska inom turismen 2

Credits: 3 cr Timing: 2nd yr

Objective: Students will be able to cope with spoken and written communicative tasks in

tourism and hospitality related situations using the Swedish language. This course covers routine correspondence, negotiation skills and nordic business culture.

Prerequisite: Svenska inom turismen I

Contents: Enquiries

Offers Orders

Confirmations

Cancellations and alterations

Payment transactions Dealing with complaints Tourist programmes

Negotiations

Job applications

Goodwill correspondence

Learning Strategies: Small group teaching

Assessment: Continual assessment, written and spoken exam

Bibliography: Handout

(MPAV004) English for Catering Industry 1

Credits: 3 cr Timing: 2nd yr

Objective: This course enbles students to communicate orally and in writing in food services

situations using different means of communication.

Prerequisite: English for Tourism 1

Contents: Food services business communication (reservations, confirmations, cancellations,

alternations).

Routine correspondence, payment transactions, negotiations

Learning Strategies: Small group teaching

Assessment: Spoken and written exercises

Bibliography: Handout

(MPAV005) English for Catering Industry 2

Credits: 3 cr Timing: 3rd yr

Objective: This course provides in depth spoken and written English language skills enabling

students to describe the cuisine of Finland and to write professional texts.

Prerequisite: English for Catering Industry 1

Contents: Finland's cuisine, current articles and texts on food services

Academic writing

Learning Strategies: Small group teaching

Assessment: Spoken and written assignments, written exam

Bibliography: Handout

(MPAT0Z) METHODOLOGICAL STUDIES 2 7 cr

(MPAT001) Introduction to Research

Credits: 3 cr Timing: 2nd yr

Objective: Students will be conversant with the main points of the research process and the

basic concepts of research as well as gaining knowledge of qualitative research

methods.

Contents: Basic concepts of research

The research process Qualitative research Theme interview Activity-based research

Learning Strategies: Lectures, exercises

Assessment: Assignments, exam

Bibliography: Hirsjärvi, S., Remes, P., Sajavaara, P., Tutki ja kirjoita

Hirsjärvi, S. & Hurme, H. Tutkimushaastattelu

Eskola, J. & Suoranta, J. Johdatus laadulliseen tutkimukseen Airaksinen, T. & Vilkka, H. Toiminnallinen opinnäytetyö

Further reading to be announced

(MPAT002) Statistics

Credits: 4 cr Timing: 3rd yr

Objective: Students will learn how to process statistical material, distribution parameters, the

most common statistical methods, statistical texts and how to use SPSS software and

to interpret results.

Contents: Processing and interpreting statistical material:

Basic concepts and tables Statistical parameters

Correlation: cross-tabling, correlation analysis and regression analysis

Test theory and statistical tests Use of statistics programme Individual assignment

Learning Strategies: Lectures and assignments

Assessment: Exam, exercises and assignments

Bibliography: Karjalainen, L., Tilastomatematiikka, 2004

Heikkilä, T., Tilastollinen tutkimus, 2005

(VAPAAZ) FREE-CHOICE STUDIES 15 cr

Students can freely select 15 cr of studies that will support their professional development, from their own field/degree programme or from another degree programme in their own university of applied sciences, from another university of applied sciences or science university. Students will achieve wide-ranging business

expertise.

(MPWA001) Theme Cuisine

Credits: 3 cr Timing: 2nd yr

Objective: Students will learn how to plan and prepare adventurous food services based on

different themes.

Prerequisite: Restaurant Activities

Contents: Planning and setting up a theme day appropriate to the season

Learning Strategies: Lectures and practical work

Assessment: Assignments

Bibliography: To be announced

(MPWA002) Festive and Game Specialities

Credits: 3 cr Timing: 2nd or 3rd yr

Objective: Students will gain knowledge of food prepared from game and learn how to plan and

prepare food and drinks for celebrations.

Prerequisite: Restaurant Activities

Contents: Handling game and game preparation methods

Finnish festive traditions

Learning Strategies: Lectures and practical work in the learning kitchen

Assessment: Assignments

Bibliography: To be announced

(MPWA004) Vegetarian Dishes

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: Students will learn how to prepare different kinds of vegetarian dishes and how to

assess their nutritional value and sensory quality.

Prerequisite: Nutrition, Special Diets

Contents: Vegetarian diets

Preparing vegetarian dishes

Product awareness

Learning Strategies: Lectures, assignments and food preparation in the learning kitchen

Assessment: assignments

Bibliography: To be announced

(MPOA0Z) THESIS 15 cr

(MPOA001) Thesis

Credits: 15 cr Timing: 3rd - 4th yr

Objective: The thesis allows students to study an area related to their studies in an in depth and

critical way. It can be completed in the form of research, a development project or activity and should support students' professional development while serving the needs of working life. Students will also participate in seminars where they can present their subject under research and outcomes as well as assessing other

students' work. Students will also complete a maturity test.

Prerequisite: Introduction to Research Work Statistics

Contents: Students will take part in seminars where they can present their own work, assess

the work of others and act as opponents for other students presenting their work. After the subject of the thesis has been approved a supervisor is assigned to oversee its completion. The final thesis is completed and then presented during a seminar session after the student has compiled a subject analysis and a research plan. The

maturity sample is written after the thesis has been presented.

Bibliography: Hirsjärvi, Remes, Sajavaara, Tutki ja kirjoita

Opinnäytetyöohjeet

(MPHA0Z) PRACTICAL TRAINING 30 cr

(MPHA001) Practical Training

Credits: 30 cr Timing: 3rd yr

Objective: Students will gain experience of work tasks related to their chosen professional field

while learning to develop and assess their work and their work environment. Students must find their own practical training place in a company or public

organisation abroad or in Finland.

Contents: Practical training seminars before and after the practical training period

Practical training in a tourism, hospitality (food) or domestic services business Practical training reports and tasks and participation in discussion using WebCT More specific instructions and necessary forms can be found on WebCT that will be

introduced during the practical training seminar.

Assessment: Practical training, reporting and participation in WebCT discussions.

DEGREE PROGRAMME IN TOURISM

Address Kajaani University of Applied Sciences

School of Tourism

Postal address: P.O.Box 52, 87101 Kajaani Visiting address: Ketunpolku 4, 87100 Kajaani

Tel. (08) 6189 91 Fax (08) 6189 9252

Head of School Ms Heli Itkonen

Tel. 08-6189 9447, GSM 044 7101 447

Email. heli.itkonen@kajak.fi

Head of the Degree Programme

Mr Mikko Keränen Tel. 08 – 6189 9460

Email. mikko.keranen@kajak.fi

International Study Office

Visiting address: Ketunpolku 3 (Tieto 3), 87100 Kajaani

Tel. 08 - 6189 9616

Email. admissions@kajak.fi

Objective of the Degree programme

The objective of the Degree Programme in Tourism is to provide both Finnish and international students with a high quality, practical yet academic training in tourism management. The programme emphasises the development of skills needed in managing activity and nature tourism services. In addition, a wide range of related subjects such as marketing, financing, accommodation services, business activities, product development and human resource management are also covered. Language studies also play a major role. Upon completion of the required 210 credits within three and a half years, graduates are awarded a **Bachelor of Hospitality Management (BHM).**

Learning Environment

The learning environment at Kajaani University of Applied Sciences actively encourages the achievement of the stated objective by providing:

- A programme that is both responsive and flexible to the needs of students
- A programme that is both challenging yet supportive
- A truly international atmosphere, achieved through the Kajaani UAS' extensive links with partner colleges abroad
- Co-operation with a network of local businesses and other tourism interest groups
- Professional highly qualified staff with experience of the tourism sector

Learning Strategies

Because of the nature of the programme, the learning strategies employed to achieve its objectives are varied; depending on the subject they may include: lectures, field trips, outings, seminars, individual tutorials, workshops, case study, group work, project work, research and video conferencing.

The language of instruction is English and the courses are taught by Kajaani University of Applied Sciences' own academic staff and a resource of guest lecturers from various partner institutions in Europe, plus business professionals drawn from firms who are involved in international business and who maintain contacts with Kajaani University of Applied Sciences. Through the use of various tutorial approaches, sessions are designed to

ensure that students can fully exercise their creative potential and that critical learning is facilitated. This is why interactive learning, team-based course work and small group sessions form an important element of the learning process of the Degree Programme in Tourism.

Competences

Degree programme in tourism covers five main competences which are:

Subject specific competences	Description of the competence		
Degree programme in Tourism			
Service-mindedness	 understands that hospitality is one of the central values and success factors of the sector. can provide healthy, safe and profitable services which promote customers' wellbeing. can take aesthetic and ethical perspectives into account when providing services (premises, service products, communications). is familiar with the principles of consumer behaviour and can make use of them in developing services. 		
Service systems	 can plan, produce and develop services to suit the needs of the operating environment. can define, manage and evaluate service processes (product planning, profitability, and organisation, management and development of work) can develop services using product development and commodification methods is aware of the safety requirements for the sector and can apply them to his/her own work. 		
Service management	 knows and understands company strategies and can make use of them in managing service operations. can plan, implement and evaluate his/her own and the department's daily supervisory management activities. can organise a work community and make use of the skills of individuals, teams and communities. 		
Business know-how	 can analyse customer relationships from the point of view of service development. understands the main concepts of business and has internalised the principles of a commercial approach. can predict the effect of alternative operating methods on financial results and competitiveness. can apply the principles of entrepreneurship, both as an entrepreneur and as an employee. can operate in, make use of and develop various kinds of networks. 		
Service environments for tourism	 can develop service environments and networks related to leisure and business travel. understands the significance of internationalisation, globalisation and different cultures for services and their development. can work in various international operating environments. can benefit from applying the characteristics of national cultures in developing tourism. can develop regional strengths and improve regional influence in tourism. 		

Annual Themes - Description of Progress in Studies

Each study year has its own theme which describes the main focus of the courses.

1st year – Observer of tourism

- The student has the basic information needed to understand the fundamental process of tourism, its structures, impact on society in economic, social and ecological terms.
- The student gains knowledge of the theoretical models applied in tourism.
- The students will gain the necessary computer skills and methodological tools needed for data collection, analysis and reporting.

2^{nd} and 3^{rd} year – applicator

In 2^{nd} and 3^{rd} year student will deepen both the theoretical and practical knowledge needed to function in tourism.

4th year – developer of tourism

• In the 4th year student has competences to develope and analyse tourism products and services. The student is able to develop business activities by implementing the latest findings in the field

Structure of the Programme

Basic Studies (70 cr)

Basic studies are compulsory studies and should be completed mainly during the first year of study. These courses include basic courses in tourism and business activities and methodological as well language studies.

Professional Studies (80 cr)

These courses are carried out from the second year onwards and they include special study modules covering different areas of tourism. The aim of professional studies is to equip students with both the theoretical and practical knowledge needed to function in tourism.

Free-choice Studies (15 cr)

Free-choice studies are included in professional studies. The aim is to provide the student with the opportunity to deepen and widen knowledge related to his or her own professional field. These can be chosen from the degree programme or from another degree programmes in the same school or from another university of applied sciences, university or elsewhere by prior agreement. The head of degree programme approves optional studies chosen by students.

Practical Training (30 cr)

An essential part of studies is a five-month-long practical training period, which takes place during the 3rd study year in spring term. Practical training can be done either in Finland or a foreign country. Finnish students must complete either practical training or a semester of their studies abroad. Before starting practical training students must have a minimum of 75 credits. The purpose of practical training is to offer students the possibility to put into practice the knowledge acquired from their professional studies by carrying out practical tasks in companies.

Thesis and Maturity Test (15 cr)

The purpose of the thesis is to demonstrate students' ability to adapt knowledge and skills acquired during professional studies. This can be accomplished in the form of project work, research work or applied research. It is recommended that the thesis be completed in co-operation with a tourism company or in co-operation with other interest groups. Preparation of the thesis is usually accomplished towards the end of studies during the final year.

The maturity test is done after completing the thesis. The test demonstrates students' language skills and how familiar they are with the chosen subject of their thesis. Finnish students write the test in Finnish and foreign students in English. The test is completed under supervision with questions provided by the thesis/project supervisor.

Foreign Studies

For Finnish students it is recommended that one of the 2nd year semesters is spent in a foreign university or polytechnic. Also international students can do part of their studies in exchange. Partner institutions and opportunities will be presented in information meetings, and more information is also available in the Kajaani UAS internet and intranet pages. Kajaani UAS' partner institutions in different countries offer studies in English or in other languages. To apply for foreign studies the student must have achieved a minimum of 45 credits per academic year. Each student makes a personal study plan with the school's international co-ordinator for their period of foreign studies. Studies completed abroad are approved as part of the degree programme.

Language Studies

The Degree Programme in Tourism includes 21 credits of compulsory language studies. Language studies should comprise at least Finnish and English studies. Finnish students also have two compulsory Swedish courses. It is highly recommended that students choose one language as part of their free-choice studies. These studies should include at least 8 credits in order to achieve a good level of chosen language (5 cr beginner's course + 3 cr intermediate/advanced studies).

Finnish Students		Foreign Students	Foreign Students	
English	9 cr	English	9 cr	
Finnish	6 cr	Finnish	12 cr	
Swedish	6 cr			

Foreign language courses offered at this level are French, Spanish, Italian, Russian, Swedish and German.

CREDIT STRUCTURE 210 CR

BASIC STUDIES	70 cr
Basics in Tourism	32 cr
Business Activities 1	12 cr
Methodological Studies 1	11 cr
Communication Studies 1	15 cr
PROFESSIONAL STUDIES	80 cr
Tourism Services	41 cr
Business Activities 2	26 cr
Methodological Studies 2	7 cr
Communication Studies2	6 cr
FREE-CHOICE STUDIES	15 cr
PRACTICAL TRAINING	30 cr
THESIS AND MATURITY TEST	15 cr

THE COURSE CONTENT FOR THE DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

Basics of Tourism	32 cr	
Principles of Tourism	6 cr	
Introduction to Nature and Activity Tourism	5 cr	
Tourism Product Development 1	3 cr	
Project Management	6 cr	
Safety and First Aid	3 cr	
Food Hygiene	3 cr	
Serving and Bar Services	3 cr	
Accommodation Services	3 cr	
Business Activities 1	12 cr	
Introduction to Marketing and Customer Service	4 cr	
Introduction to Business Activities	3 cr	
Introduction to Management Accounting	5 cr	
Methodological Studies 1	11 cr	
Personal Development Programme	3 cr	
Office applications	5 cr	
Business Mathematics	3 cr	
Communication Studies 1	15 cr	
Finnish Students		
Finnish: Oral Communication and Meeting Skills	3 cr	
Finnish: Written Communication and Business Letters	3 cr	
Swedish: Svenska inom tourismen 1	3 cr	
English: Basics of Tourism English	3 cr	
English: Business Communication Skills	3 cr	
Foreign Students		
Finnish for Foreigners 1	6 cr	
Finnish for Foreigners 2	3 cr	
English: Basics of Tourism English	3 cr	
English: Business Communication Skills	3 cr	

PROFESSIONAL STUDIES

Tourism Services	41 cr
Management of Nature and Sport Services 1	4 c
Management of Nature and Sport Services 2	4 cı
Sustainable Tourism	3 ci
Nature and Environment	3 cı
Adventure Tourism	3 cı
Instructing Indoor and Outdoor Activities	3 ci
Event Management	3 cı
Cultural Tourism in Finland Food and Culture	3 ci
Intercultural Communication	4 cr
Tourism Planning and Policy	3 cr 3 cr
Tourism Product Development 2	3 ci
Business Activities 2	26 cr
Marketing of Tourism Services	3 ci
Marketing Communications	3 ci
Bookkeeping and Financial Statements	5 ci
Human Resource Management	5 ci
Law Studies	5 ci
Corporate Planning and Development	5 cr
Methodological Studies 2	7 cr
Applied Research Methods	3 cr
Statistics	4 cı
Communication Studies 2	6 cr
Finnish Students	
Swedish: Svenska inom tourismen 2	3 cr
English: Academic Writing	3 cı
Foreign Students	
Finnish Conversation	3 c
English: Academic Writing	3 cr
Practical Training	30 cr
Thesis and Maturity Test	15 cr
Free-Choice Studies	15 cr

COURSE DESCRIPTIONS OF DEGREE PROGRAMME IN TOURISM

BASIC STUDIES

(MTBA1Z) BASICS IN TOURISM 32 cr

(MTBA001) Principles of Tourism

Credits: 6 cr Timing:

Objective: Students will gain knowledge of the principles of tourism in Finland and abroad

Contents: An introduction to tourism

Consumer behaviour and tourism demand Models and patterns of tourism demand

Classification of tourism Tourism attraction

The Socio-cultural impact of tourism

Ecology and tourism The future of tourism

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Cooper, Fletcher, Gilbert, Shepherd & Wanhill: Tourism, Principles and Practice

(2002)

Charles R, Goeldner J.R, Brent R: Tourism, Principles, Practices, Philosophies

(2003)

Further reading/material will be provided by lecturer

(MTBA002) Introduction to Nature and Activity Tourism

Credits: 5 cr Timing: 1st year

Objective: Students will understand the importance and complexity of nature and activity

tourism and learn to identify the numerous aspects of managing successful services

and products in these fields of tourism.

Contents: Principles of nature and activity tourism

Tourism and nature conservation

Legal issues

Destinations and venues

Nature and sport tourism markets

Learning Strategies: Lectures and excursions. Visits to genuine activity sites will be included whenever

possible.

Bibliography: Newsome, D., Moore, S.A. and Dowling, R. K. 2002. Natural Area Tourism

Saarinen, J. & Hall, C.M. 2004. Nature Based Tourism Research in Finland: Local

Contexts, Global Issues

Standeven & De Knop. 1999. Sport Tourism

Ritchie, B.W. & Adair, D. (eds.) 2004. Sport Tourism, Interrelationships, Impacts and

Issues.

(MTBA003) Tourism Product Development I

Credits: 3 cr Timing: 1st year

Objective: Students will understand ongoing product development as a basic function of

profitable business development. Students will be able to plan and price different

types of tourism products.

Contents: Tourism products

Planning Pricing

Learning Strategies: Lectures, small group work, study visits

Assessment: Exercises and coursework assessment

Bibliography: Kotler P., Bowen J. and Makens J. 1999. Marketing for Hospitality and Tourism

(MTBA004) Project Management

Credits: 6 cr Timing: 1st and 2nd year

Objective: Introduction to project work and management

Contents: Basics of project work

Project planning

Practical work in a project

Reporting

Learning Strategies: Lectures, project work and reporting in small groups

Assessment: Continual assessment and project work

Bibliography: Reading/material will be provided by lecturer

(MTBA005) Safety and First Aid

Credits: 3 cr Timing: 1st year

Objective: Students will know what to do in a situation requiring them to provide first aid and

they will also be able to check for and assess risks.

Contents: Red Cross of Finland emergency aid qualification EA (first aid) 1 and EA (first aid)

2

Extinguishing fires

The Consumer Protection Office's safety instructions for service providers

Learning Strategies: Lectures, course work and discussion

Assessment: Test, first aid practice, fire extinguishing practice. Students will have the opportunity

to pass the Finnish Red Cross EA (first aid) 1 and EA (first aid) 2 qualifications.

Bibliography: Reading list and handouts provided by lecturer.

(MTBA006) Food Hygiene

Credits: 3 cr Timing: 1st year

Objective: Students will understand the importance of hygiene for safe food services and

travelling

Contents: Food microbiology

Food poisoning Hygiene practices Personal hygiene

Cleaning

In-house control

Legislation relating to food hygiene

Learning Strategies: Lectures, discussions, individual and group exercises

Assessment: Exam and exercises

Bibliography: Reading list/material provided by lecturer

(MTBA008) Accommodation Services

Credits: 3 cr Timing: 1st year

Objective: Students will be familiar with different types of accommodation and they will

understand the importance of accommodation services within the tourism industry.

The course includes an introduction to reservation systems

Contents: Different forms of accommodation services

Basic operations Reservation systems

Learning Strategies: Lectures, small group work, study visits

Assessment: Exam, exercises

Bibliography: Reading list/material provided by lecturer

(MTBO2Z) BUSINESS ACTIVITIES 1 12 cr

(MTBO001) Introduction to Marketing and Customer Service

Credits: 4 cr Timing: 1st year of studies

Objective: Students will understand the principles of marketing and the importance of customer

service. This course also covers consumer buying behavior.

Contents: Introduction to the principles of marketing

Customer service Marketing Mix

Consumer buying behavior

Learning Strategies: Lectures & small group work.

Assessment: Exam, exercises

Bibliography: Kotler, Introduction to Marketing & Hospitality, 2007

(MTBO002) Introduction to Business Activities

Credits: 3 cr Timing: 1st year

Objective: Students will gain knowledge of the principles of tourism business activities

Contents: Business entrepreneurship

Basic premises of business operations

Business process

Operational environment of a company

Interest groups

Review of marketing, management accounting and organisation of a company

Company structures

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Kinkki Seppo, Isokangas Jouko, Yrityksen perustoiminnot # Basic

Business operations pp. 311-448

Further reading/material provided by lecturer

(MTBO003) Introduction to Management Accounting

Credits: 5 cr Timing: 1st year

Objective: Students will understand the meaning of profitability and learn how to make

calculations required by managers for planning, decision-making and control.

Contents: General terms and aims in management accounting

Profitability calculations Cost-volume-profit analysis

Pricing calculations

Short-term calculations, planning and controlling methods

Long-term calculations: investments

Budgeting

Activity Based Costing

Learning Strategies: Lectures, exercises, management accounting software

Assessment: Exercises and exams

Bibliography: To be announced

(MTBM4Z) METHODOLOGICAL STUDIES 1 11 cr

(MTBM001) Business mathematics

Credits: 3 cr Timing: 1 st year

Objective: To provide students with a sound command of business mathematics skills and the

ability to apply them in different areas of business life

Contents: Review of the basic mathematical operations needed in business mathematics

Percentage calculation and its economic applications

Index

Currency calculation

Simple interest calculation and its applications

Compound interest

Credit

Economic functions

Learning Strategies: Lectures and exercises

Assessment: Exam and exercises

Bibliography: Pulkkinen P, Holopainen M., Keinänen K., Business Mathematics

(MTBM002) Office Applications

Credits: 5 cr Timing: 1st year

Objective: The student will be able to use a microcomputer as a common tool in everyday

working life.

Contents: E-mail

Internet

Hardware and operating systems

Presentation graphics Word processing Spreadsheets Computing today

Learning Strategies: Practical exercises and individual use of computer

Assessment: Exam and practical exercises

Bibliography: Material provided by the lecturer

(MTBM003) Personal Development Programme

Credits: 3 cr Timing: 1st year

Objective: The aim of this programme is to provide students with the tools, which will ensure a

successful commencement of their studies leading to success in future careers, by enabling students to identify their personal learning characteristics, whilst at the same time introducing specific study skills. The program aims to facilitate the

individual development of students.

Contents: Initial assessment week (Boot Camp)

Personal SWOT Learning styles

Introduction to Reflective Practice Creative thinking/Problem solving

Presentation Skills Personal Branding Portfolio Development

Learning Strategies: Lectures, Activities, Individual tutorials, Practical Work

Assessment: Portfolio -- Course work of completed tasks throughout the program

Bibliography: Selected readings, handouts related to subject areas.

(MTBC3Z) COMMUNICATION STUDIES 1 15 cr

(MTBC004) Basics of Tourism English

Credits: 3 cr Timing: 1st year

Objective: To practice and improve both basic oral and written communication. The course

introduces basic tourism vocabulary through a wide range of settings and situations

in the English-speaking world.

Contents: Grammar surgery

Report writing Application writing Customer service

Personnel and functions of a tourist company

How to give a presentation

Learning Strategies: Pair work, group work, oral and written tasks

Assessment: Continual assessment, oral presentation, written exam

Bibliography: To be announced

(MTBC005) Business Communication Skills

Credits: 3 cr Timing: 1st year

Objective: To learn to communicate orally and in writing in tourism using different

communication channels

Contents: Communication in a tourism company (reservations, confirmations, cancellations,

changes)

Routine correspondence Payment and collection letters

Negotiations

Learning Strategies: Small group sessions

Assessment: Oral and written tasks, written exam

Bibliography: To be announced

(MTBC001) Oral Communication and Meeting Skills

Credits: 3 cr Timing: 1st yr (for Finnish

speaking students)

Objective: Students will learn to express themselves and to operate in a goal oriented manner in

different communication situations. The course also covers different negotiations

and meetings procedures.

Contents: Analysing different forms of oral communication performances

Stage-fright Use of voice

Academic and speeches for specific situations

Influence and justification

Different forms of group communication

Negotiation and meeting techniques

Documents

Learning Strategies: Classroom teaching, exercises

Assessment: Exam and assignments

Bibliography: Repo-Nuutinen: Viestintätaito

(MTBC002) Written Communication and Business Letters

Credits: 3 cr Timing: 1st yr (for Finnish

speaking students)

Objective: Students will learn to write in a manner appropriate to their chosen profession and

be able to compile standard business letters.

Contents: The principles of written communication

An introduction to language maintenance Process writing and document standards

Basic business letters E-mail communication

Learning Strategies: Contact teaching, assignments

Assessment: Exam and assignments

Bibliography: Kortetjärvi-Nurmi, Kuronen, Ollikainen, Yrityksen viestintä

(MTBC003) Swedish for Tourism 1

Credits: 3 cr Timing: 1st year

Objective: Students will develop their language skills to be able to cope in tourism and catering

customer service situations and to present a company and its services and facilities as well as the special features of Finnish cuisine in Swedish. Students will also be able to present Finland as a tourist destination and discuss current affairs to a certain

extent using the Swedish language

Prerequisite: Participation in proficiency test

Contents: Everyday spoken Swedish

Hotel and restaurant customer service

Finnish food culture and gastronomic terminology

The differences between Finnish Swedish and Swedish Swedish

Finland in Swedish Current affairs

Learning Strategies: Small group teaching

Assessment: Continual assessment and written and oral exam

Bibliography: Handout provided by lecturer

(MTBC006) Finnish for Foreigners 1

Credits: 6 cr Timing: 1 st year

Objective: To teach students the skills needed in everyday communication in Finnish and to

familiarise students with the Finns, their customs, the country and society.

Contents: Pronunciation, syllable division and other general language points

Greeting and introductions

Language skills, working, living, studying

Numerals: time, prices, banking

Asking simple questions and understanding instructions

Travelling

Food, making orders at a restaurant

Shopping

The school system

Basic geography of Finland

Finnish cuisine

Learning Strategies: Communicative and practical approach and group work

Assessment: Class work and written or/and oral exam

Bibliography: Hämäläinen, Aletaan

Facts about Finland Kenttälä, Kieli käyttöön

(MTBC007) Finnish for Foreigners 2

Credits: 3 cr Timing: 2nd year

Objective: To improve communication skills in the Finnish language

Prerequisite: Finnish for Foreigners 1

Contents: This course builds on the knowledge gained in Finnish for Foreigners 1.

Learning Strategies: Small group sessions

Assessment: Coursework, active participation, written and oral tests

Bibliography: Kangasniemi, Suomen kielen tikapuut jatkotaso 1

Hämäläinen, Jatketaan

PROFESSIONAL STUDIES

(MTPT5Z) TOURISM SERVICES 41 cr

(MTPT013) Management of Nature and Sports Services 1

Credits: 4 cr Timing: 2nd year

Objective: Students will understand the scope and evolution of nature and sports tourism

management. This course will also provide students with a wide range of skills and knowledge which is needed when planning and managing services in nature and sports tourism. The course is divided in two parts to provide outdoor experiences

during different seasons.

Prerequisite: Introduction to Nature and Activity Tourism

Contents: Outdoor skills

Outdoor environment

Sports

Safety issues in outdoor activities

Land management

Parks and wildlife management

Learning Strategies: Lectures and excursions, visits to companies and sites. There will be field trips to

important nature tourism regions in Finland.

Assessment: Active participation in lectures, excursions, field trips, group work, written reports,

and oral presentations.

Bibliography: Reading list/ material provided by lecturer.

(MTPT014) Management of Nature and Sports Services 2

Credits: 4 cr Timing: 3rd year

Objective: Students will understand the scope and evolution of nature and sports tourism

management. This course will also provide students with a wide range of skills and knowledge which is needed when planning and managing services in nature and sports tourism. The course is divided in two parts to provide outdoor experiences

during different seasons.

Prerequisite: Introduction to Nature and Activity Tourism

Contents: Outdoor skills

Impacts of nature and tourism

Research on nature and sports tourism

Learning Strategies: Lectures and excursions, visits companies and sites. There will be field trips to

important nature tourism regions in Finland.

Assessment: Active participation in lectures, excursions, field trips, group work, written reports

and oral presentation

Bibliography: Reading list provided by lecturer.

(MTPT003) Sustainable Tourism

Credits: 3 cr Timing: 2nd year

Objective: Students will gain basic knowledge of sustainable tourism theory and practice and

how it is used and integrated in the business environment.

Contents: Sustainable tourism and organisations

Tourism management implications - economic, environmental and sociocultural

issues.

Alternative tourism

Conventional mass tourism

Strategic roles: opportunities and obstacles within facilitation sectors

Role of attractions within sustainability

Quality control - Eco lables, codes of conduct and certification of accreditation.

Destinations and spatial strategies - zoning and redevelopment.

Strategies for visitor management. Environmental costs and benefits.

Learning Strategies: Lectures, group work, oral and written course work

Assessment: Active participation in lectures, exam and assignments

Bibliography: Weaver, D. (2006) Sustainable Tourism: Theory and Practice, Elesvier

Butterworth-Heinenmann

(MTPT004) Nature and Environment

Credits: 3 cr Timing: 2nd year

Objective: This course provides an introduction to natural history: flora and fauna, species

identification, ecosystem relationships, and nature interpretation in a tourism

context. The nature of Finland is emphasized during this course.

Contents: Species identification

Flora & fauna
Nature interpretation

Learning Strategies: Lectures and excursions. Visits to real activity sites will also be included whenever

possible.

Assessment: Active participation in lectures, group work, excursions and exam.

Bibliography: Reading list/material provided by lecturer

(MTPT005) Adventure Tourism

Credits: 3 cr Timing:

Objective: The course provides the academic and practical knowledge needed in adventure

tourism. There is a strong emphasis on experimental learning that includes topics

such as team building skills and group leadership.

Contents: Management of adventure tourism

Experimental learning Adventure experience

Learning Strategies: Lectures, seminars, excursions, group exercises, workshops, site visits to companies.

Assessment: Active participation in lectures, excursions, site visits, group exercises and

workshops, written report and group presentation.

Bibliography: Swarbrooke, Beard, Leckie & Pomfret. 2003. Adventure tourism.

Martin, Cashel, Wagstaff & Breunig. 2006. Outoodr leadership.

(MTPT006) Instructing Indoor and Outdoor Activities

Credits: 3 cr Timing: 2nd year

Objective: This course provides the knowledge and skills required for course and lesson

planning for outdoor and indoor activities and instructing people of different age groups. Students will also learn the educative, mental and skill based objectives of

exercise.

Contents: Instructing aims and content

69

Sports and exercise planning, implementation and assessment

Teaching methods

Safety in physical education Organising a sports day

Learning Strategies: Lectures, assignments, organising a sports day

Assessment: Exam or set tasks

Bibliography: Reading list and material provided by lecturer

(MTPT007) Event Management

Credits: 3 cr Timing: 2nd - 3rd year

Objective: The event management course provides an in depth overview of events and related

industries. This course covers a wide range of events e.g. sporting, cultural, arts and

entertainment etc. and congresses and fairs.

Contents: Management of events

Event tourism Congresses Fairs

Learning Strategies: Lectures, case-study exercises, group work

Assessment: Practical observations and skill competence, individual and group presentations,

Seminar paper on nominated topics

Bibliography: Watt, D.C.2001. Event Management in Leisure and Tourism

(MTPT008) Cultural Tourism in Finland

Credits: 3 cr Timing: 1st or 2nd year

Objective: Finnish history to this day and provides students with the skills to apply this

knowledge in tourism.

Contents: National and local culture

Significant events, personalities, settings and consequences

Learning Strategies: Lectures and group work

Assessment: Course work assignments and exam

Bibliography: Reading list/material provided by lecturer

(MTPT009) Food and Culture

Credits: 4 cr Timing: 1st or 2nd year

Objective: Students will understand the significance of healthy food for wellbeing as well as

gaining knowledge of the most common special diets. Students will be conversant

with different food services in tourism.

Contents: Basics of nutrition

Special diets

Basics of food services

Menu planning for different events

Learning Strategies: Lectures, discussions, individual and group exercises, kitchen work

Assessment: Exam and exercises

Bibliography: Reading list/material provided by lecturer

(MTPT010) Intercultural Communication

Credits: 3 cr Timing: 2nd year

Objective: The course aims to provide students with a theoretical and experimental framework

for intercultural communication from an interdisciplinary perspective and to increase their problem solving skills and communication skills with people from different cultural backgrounds in national, international and multicultural settings of

study and work.

Contents: Internationalisation and cultural identity

Culture is communication...Nationality

Communication is culture Inter-cultural communication Finnish and Nordic communication

Intercultural encounters:

Dimensions used when comparing communication across cultures

Learning Strategies: The course is based on face-to-face tuition, self-directed autonomous learning based

on a hypermedia program, and project work emphasising co-operative learning

Assessment: Continuous assessment, oral presentation & report

Bibliography: Lewis, R.D. When cultures collide, changing successfully across culture

(MTPT011) Tourism Planning and Policy

Credits: 5 cr Timing: 3rd year

Objective: This course provides an introduction to the concepts of tourism planning and policy

globally and in Finland. Students will gain an understanding of the purpose of tourism as well as planning and investigating some broad approaches to planning

and policy.

Contents: Policy

Planning

Economic impacts of tourism

Urban, rural and natural areas in tourism planning

Special interest tourism

Environmental impacts of tourism Management policy and planning issues

Learning Strategies: Lectures and small group work

Assessment: Exam, continual assessment and exercises

Bibliography: Hall M.C, Jenkins, Kearsley G, Tourism, Planning and Policy (1997)

Other materials provided by lecturer

(MTPT012) Tourism Product Development 2

Credits: 3 cr Timing: 3rd year

Objective: Students will understand the role of developing product lines for improved

profitability in tourism. Students will be able to plan, price and promote different

types of tourism product lines.

Prerequisite: Product Development 1. Marketing of Tourism Services.

Contents: Tourism product lines, planning, pricing and promoting

Learning Strategies: Lectures, small group work, study visits

Assessment: Exercises

Bibliography: Kotler P., Bowen J. and Makens J. Marketing for Hospitality and Tourism

(MTPO6Z) BUSINESS ACTIVITIES 2 26 cr

(MTPO001) Marketing of Tourism Services

Credits: 3 cr Timing: 2nd year

Objective: Students will understand the special features of marketing tourism services and the

role of product, image, price and distribution channels in tourism marketing.

Contents: Product, pricing and distribution channels

Learning Strategies: Lectures, small group work, study visits

Assessment: Exam, exercises

Bibliography: Kotler P., Bowen J. and Makens J. Marketing for Hospitality and Tourism

(MTPO002) Marketing Communications

Credits: 3 cr Timing: 3rd year

Objective: Students will learn to evaluate and implement different promotion tools as part of an

integrated marketing mix.

Contents: Advertising

PR SP

Personal selling Marketing planning

Learning Strategies: Lectures, small group work, study visits

Assessment: Coursework and exercises

Bibliography: Kotler P., Bowen J. and Makens J. Marketing for Hospitality and Tourism

(MTPO003) Bookkeeping and Financial Statements

Credits: 5 cr Timing: 2nd year

Objective: The course will provide an introduction to the management of financial accounting

in Finland and also a comparison between Finnish and foreign financial statements. Students will gain an understanding of financial analysis and its techniques and

usage in estimating company financial performance and position.

Prerequisite: Business Operations

Contents: The role of accounting in business

Double-entry bookkeeping

Financial statements: preparing, reading and understanding

Analysing companies Cash flow statements

Ratios and their interpretation

TA-model

Learning Strategies: Lectures, case studies, exercises, e-learning

Assessment: Case-studies, exam

Bibliography: To be announced

(MTPO004) Human Resource Management

Credits: 5 cr Timing: 4th year

Objective: This course covers the information needed to understand the Human Resource

Management aspect of an organisation. It will develop an understanding of the skills needed for the formulation and implementation of HRM strategies while providing the basic information necessary to understand the function of management and

leadership in an organisation.

Contents: Introduction to HRM

Introduction to Leadership and Organisation

Management and Leadership as part of an organisation

Human resource planning Recruitment and selection

Orientation, training and development

Employee Relations
Performance Management
Remuneration and reward
International dimension of HRM

Learning Strategies: Lectures and exercises

Assessment: Class attendance (exercises, and discussions) 20% Presentation and report 30%

Exam based on course content 50%

Bibliography: Eugene McKenna & Nic Beech, Human Resource Management: A Concise analysis,

Prentice Hall, 2002.

Beardwell, I., Holden, L., Human Resource management: A Contemporary

Perspective, Pitman Publishing, 1997.

Hesselbein, F., Goldsmith, M., Beckhard, R. (ed.), The Leader Of The Future Ainger, A., Kaura, R., Ennals, R., Business Success Through Human Centred

Systems

Tyson, S., Jackson, T., The Essence Of Organisational Behaviour.

(MTPO005) Law Studies

Credits: 5 cr Timing: 2nd year

Objective: The course will provide students with a general knowledge of the legal framework

of business operations with special focus on contract and trade laws.

Contents: Sources of law

Law of obligations Contract law Business law Labour law

Legislation in tourism

Learning Strategies: Lectures, exercises, case studies

Assessment: Exercises and exam

Bibliography: To be announced

(MTPO006) Corporate Planning and Development

Credits: 5 cr Timing: 4th year

Objective: Students will understand the significance of business planning in a changing

operational environment.

Contents: The business operational environment

Corporate planning and strategic leadership

Learning Strategies: Lectures and course work

Assessment: Classwork, group work and assignment

Bibliography: Reading list/handouts provided by lecturer

(MTPM8Z) METHODOLOGICAL STUDIES 2 7 cr

(MTPM001) Applied Research Methods

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: This course will provided students with a thorough understanding of research

methods and their application in tourism processes, their relevance in business decision making and it also provides a basis for the study of relevant qualitative and

quantitative analysis procedures.

Prerequisite: Basic Studies

Contents: The research process and central methods

The research problem and questionnaire design

Qualitative and action research Overview of analysis procedures

Learning Strategies: Lectures, case studies, exercises and research project

Assessment: Research Project

Bibliography: To be announced

(MTPM002) Statistics

Credits: 4 cr Timing: 2nd year

Objective: The general aim of this course is to improve the student's understanding of

theoretical research and practical problem solving, and how to collect information and how systematic the collection of information should be as well as the use of primary and secondary data. On completing this course students will be able to use statistical parameters, the most common statistical methods, the foundation of

hypotheses testing and interpretation of results.

Prerequisite: Proficiency tests or recognised refresher course pass, Basis of Research

Contents: Uni-bidimensional distribution tables and statistical parameters

Graphical presentation of parameters

Dependency: correlation and regression analysis

Hypothesis testing and general tests

The use of data analysis by doing exercises with software packages

Learning Strategies: Lectures, classroom practical exercises and the individual use of the SPSS -program

Assessment: Exam and exercises

Bibliography: To be announced

(MTPC7Z) COMMUNICATION STUDIES 2 6 cr

(MTPC002) Academic Writing

Credits: 3 cr Timing: 2nd year

Objective: To improve the students' professional writing skills

Contents: Grammar surgery

Punctuation Coherence

Style and appropriateness

Reporting
Summarising
Table of contents
Quoting, reference list

Learning Strategies: Small group sessions

Assessment: Continuous assessment, assignments, written exam

Bibliography: To be announced

(MTPC001) Swedish for Tourism

Credits: 3 cr Timing: 2nd year

Objective: Students will be able to cope with written and oral tourism and hospitality work

assignments using different communication facilities in Swedish. They will be able

to handle routine correspondence and negotiations at work according to Nordic

business cultural norms.

Contents: Inquiries

Offers Orders

Confirmations

Cancellations and changes

Payments

Answering complaints Travel programs Negotiation situations Job applications

Good will correspondence

Learning Strategies: Small group teaching

Assessment: Continual assessment and written and oral exam

Bibliography: Handout provided by lecturer

(MTPC003) Finnish Conversation

Credits: 3 cr Timing: 3rd year

Objective: To improve students' oral communication skills in the Finnish language.

Prerequisite: Finnish for Foreigners I-II

Contents: Discourses - different vocational subjects

Learning Strategies: Small group sessions

Assessment: Active participation in class activities

Bibliography: To be announced

(MTW11Z) FREE-CHOICE STUDIES 15 cr

(MTW001) Wildlife Watching

Credits: 3 cr Timing: 2nd - 3rd year

Objective: This course emphasizes wildlife watching as a type of tourism. It particularly

focuses on certain species like bears and old growth forest birds. All of these species are important in tourism or they have a great potential to become important in wildlife observation tourism. One of the main aims of the course is to learn how to

manage wildlife watching services.

Contents: Ethical Issues in wildlife watching

Mammal species in wildlife watching

Birds in wildlife watching Plants in wildlife watching

Management of wildlife watching services

Learning Strategies: Lectures, excursions and group work.

Assessment: Active participation in lectures, excursions and group work. Written report and oral

presentation

Bibliography: Reading list/material provided by lecturer

(MTW002) Fishing and Hunting Tourism

Credits: 3 cr Timing: 2nd - 3rd year

Objective: To provide the students with the knowledge and skills to manage products in fishing

and hunting services. This course is based on practical know-how and involves

learning and testing different forms of fishing and hunting.

Contents: Ethical issues in fishing and hunting

Fish species suitable for fishing tourism

Different forms of fishing

Legislation Hunting tourism Game species

Learning Strategies: Lectures and excursions.

Assessment: Active participation in lectures and excursions. A written product plan and oral

presentation.

Bibliography: Reading list/material provided by lecturer

(MTW005) Russian Tourism

Credits: 3 cr Timing: 2nd - 3rd yr

Objective: To gain a broad overview of tourist operations from Russia to Finland and from

Finland to Russia.

Contents: Tourism destinations

Product development and marketing oppportunities

A 5-7 day study trip to Russia, cost to students appr. 100 euros

Learning Strategies: Small group teaching, contact teaching, 5 - 7 day study visit to Petroskoi and St

Petersburg

Assessment: Portfolio containing learning diary and assignments

Bibliography: Reading list/material provided by lecturer

(MTW007) History of Tourism

Credits: 3 cr Timing:

Objective: This course develops an understanding of the history of travel as a recreational

pastime in different parts of the world, beginning with the ancient Greeks and ending with 20th-century global tourism markets. Students will explore trends and

changes in tourists and the tourism sector.

Prerequisite: Principles of Tourism

Contents: Grand tour

Rise of Mass Tourism

Tourist gaze

Cultural changes and new structures in tourism

Learning Strategies: Book exam/report

Bibliography: Selected reading

(MTW008) Tourism Economics

Credits: 3 cr Timing:

Objective: The objective of the course is to provide an overview of economic analysis and how

it is used in the context of tourism.

Contents: Applications of economic analysis to the tourism context.

The microfoundations of tourism demand

The theory of tourism supply and its market structure.

Basics of macroeconomics

Learning Strategies: independent study

Assessment: Book exam / report

Bibliography: Tribe, J. 2005. The Economics of Recreation, Leisure and Tourism

(MTW009) Destination Marketing

Credits: 3 cr Timing:

Objective: Becoming a recognized, desired destination is a demanding marketing challenge.

During the course we will approach the marketing of countries, regions and places

from different angles.

Contents: Marketing of countries, regions and places from theoretical and practical angles.

Learning Strategies: Lectures, group work, exercises

Assessment: Portfolio including learning diary and group exercises

Bibliography: To be announced

(MTW013) Management Procedures and Strategies

Credits: 5 cr Timing: 2nd - 4th year

Objective: Students will understand and be able to apply a strategic business control system.

Prerequisite: Leadership

Contents: Use of the balanced scorecard, scores and assessment, information gathering and

implementation

Learning Strategies: Independent study

Assessment: Book exam or long essay

Bibliography: Kaplan, Norton, The Balanced Scorecard

Aaker D., Developing Business Strategies

(MTW012) New Trends in Leadership and Management

Credits: 5 cr Timing: 2nd - 4th year

Objective: Knowledge capital providing a competitive edge will be emphasised during this

course, while providing students with a grounding in quality leadership,

activity-based management in business leadership and the significance of leadership and management in the implementation of an organisation's basic operations.

Prerequisite: Leadership

Contents: Knowledge capital, quality leadership, activity-based management and accounting,

leading and leadership

Learning Strategies: Independent work

Assessment: Book exam or long essay

Bibliography: Students will choose three books from the following list for the book exam:

Ståhle, Grönroos, Dynamic Intellectual Capital Juran's Quality Handbook (luvut 1 - 17, 35 ja 36) Cookins G., Activity Based Cost Management

Pirnes U., Enchancing Leadership. The Dynamics of Leadership

(MTW015) Risk Management

Credits: 3 cr Timing: 2nd - 4th yr

Objective: Students will be conversant with the concept of risk management and the risk

management process. They will be able to identify, assess and manage business risks. Students will complete a risk management plan of a real or fictitious company

according to the instructions given on the course pages.

Contents: Risk management, the risk management process. Identification, assessment and

management of business risk.

Assessment: Web course

(MTW014) Organizational Psychology

Credits: 3 cr Timing: 2nd - 4th year

Objective: This course provides in depth knowledge of organisational behaviour.

Prerequisite: Leadership

Contents: The role and responsibility of leadership in conflict situations, dealing with

problems in the work community, work satisfaction, encouragement, reward and

skills development.

Learning Strategies: Independent work

Assessment: Book exam or long essay

Bibliography: To be announced

Language Studies

Language studies offered are listed under the Free-choice Studies in the Degree Programme in International Business.

(MTT10Z) THESIS 15 cr

(MTT001) Thesis and Maturity Test

Credits: 15 cr Timing: 3rd - 4th year

Objective: The thesis provides an opportunity to study a problem or scheme in depth and from

a critical standpoint. It can be accomplished in the form of a piece of research, development project or applied research. The thesis must be of use in working life and it should promote the professional orientation of the students. Students will also participate in seminars where they will present their research topic and results as well as assessing other students' work. Students must also complete a maturity test.

Prerequisite: Applied Research Methods, Statistics

Contents: Seminar presentations of chosen thesis subject and participation in seminars

Assessment of other students' thesis and acting opponent for other students' work After the thesis topic has been accepted students will be nominated a thesis

superviser.

Subject analysis and research plan after which thesis can be completed and then presented during the seminar. The maturity test is completed afer the thesis has been

presented.

Bibliography: Reading list/handouts provided by lecturer

(MTH09Z) PRACTICAL TRAINING 30 cr

(MTH001) Practical Training

Credits: 30 cr Timing: 3rd year

Objective: Students will have the opportunity to familiarise themselves with the jobs and duties

of their chosen field as well learning to develop and assess their own work and working environment. Students should apply for training places themselves in a

domestic or foreign company or public organisation.

Contents: Seminars before and after the practical training period.

Practical training period in a tourism/hospitality company/public organisation

Training reports and assignments

More detailed instructions and forms are available on the webct that will be

presented during the practical training seminars.

Assessment: Practical training and reports